Infants: Wake Up, Sleepy Bear!; sing lullabies & rhyming songs; talk during routines; puppet talk; "pat-a-cake"
Toddlers: In the Quiet, Noisy Woods; Mama's Little Bears; talk during routines; sing rhyming songs; play music
Preschoolers: In Woods & Forests; In Fields & Meadows; Magna Doodle; alphabet game; alphabet blocks
School Age Children: Who's Been Here? A Tale in Tracks; quilt thank you notes; journal writing; "Boggle"
Infants: Little Owl's 1-2-3; hide small toys under cloth; stacking, dangling, and rattling toys; "peek-a-boo"
Toddlers: Ten in the Meadow; forest animal matching; puzzles with knobs; foam blocks; shape sorter
Preschoolers: Footprints in the Sand; Big Tracks, Little Tracks; animal track matching; take-home activity kits
School Age Children: Tracks in the Wild; Wild Tracks!; animal track puzzles and word search; activity kits
Infants: Tummy time; mirror play; hold baby and dance to music; offer small toys to grasp; ball play
Toddlers: Dancing to music; ball play; unit blocks; playdough; shape sorter; large crayons with paper
Preschoolers: Music & dance; Don't Break the Ice; play dough; puzzles; manipulatives; open-ended crafts
School Age Children: "Simon Says"; Jenga; dancing to music; Lego building; puzzles; open-ended crafts
Infants: Babies in the Forest; peek-a-boo; face-to-face with other infants or adult; soft doll play; blow bubbles
Toddlers: Making Friends!; tents and tunnel play; musical instruments parade; doll house play; activity tower
Preschoolers: When You Need a Friend; doll house; career costumes; kitchen work; laundry; board games
School Age Children: Bear Snores On; board and card games; Pet Clinic; doll house play; finger puppet show
Infants: Baby's Feelings; describe baby's feelings; mirror facial expressions; encourage exploration and play
Toddlers: No Hugs for Porcupine; "When You're (emotion) and You Know It"; sensory bottles; blow bubbles
Preschoolers: Grumpy Bird; I Feel (emotions); "Dragon Hunt" yoga; "Balloon Relaxation"; sensory bottles
School Age Children: The Way I Feel; "Dragon Hunt" yoga; "Balloon Relaxation"; journal writing
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