EMERGENCIES
Dial 9-1-1

ALCOHOLICS ANONYMOUS 1-888-227-6237
CHILD ABUSE REPORTING 1-800-342-3720
CRISIS INTERVENTION SERVICE 1-877-369-6699
(Psychiatric)
DOMESTIC VIOLENCE (607) 432-4855
FIRE EMERGENCY 911
MEDICAL EMERGENCY 911
MOBILE CRISIS ASSESSMENT TEAM (607) 433-2343
(MCAT)
MEDICAL PROBLEMS
AO FOX HOSPITAL EMERGENCY ROOM (607) 431-5000
BASSETT MEDICAL CENTER E.R. (607) 547-3355
NYSEG EMERGENCY 1-800-572-1111
POISON CONTROL 1-800-222-1222
POLICE EMERGENCY (life-threatening) 911
Cooperstown Village Police (607) 547-2500
Oneonta City Police (607) 432-1111
Otsego County Sheriff (607) 547-4273
State Police (Oneonta) (607) 432-3211
State Police (Richfield Springs) (315) 858-1122
CRISIS HOTLINE: (607) 432-4855

NATIONAL HOTLINES:
MISSING & EXPLOITED CHILDREN 1-800-843-5678
RUNAWAY YOUTH 1-800-621-4000
SUICIDE PREVENTION 1-800-784-2433
Otsego Committee on Child Abuse & Neglect
PO Box 1332
Oneonta, NY 13820

April 2017

Dear Friends and Families:

We are again pleased to be able to provide the latest edition of the Parent Handy Book, a resource guide to services for parents and professionals in the Otsego County area. Copies of this book are available in print at area libraries and local agencies, in digital format by request at the above address, and online at www.otsegocounty.com/dept/dss and www.ofoinc.org.

The Otsego Committee on Child Abuse and Neglect (OCCAN) hopes that knowing where to turn for help will make a difference in dealing with the ordinary and extraordinary stresses of family life. OCCAN, since its origin in 1978, has focused on child abuse/neglect prevention through public awareness and professional development. This is OCCAN's 32nd year of presenting local conferences. OCCAN is a local organization affiliate of Prevent Child Abuse – New York www.preventchildabuseiny.org

We are again grateful to Bassett Healthcare for underwriting the cost of printing, and to Bassett's Printing Services for production.

While we have listed many services and organizations, you must make your own judgment about whether the service will work for you and your family. We know that there may be resources we haven't listed, but which may be useful to include in future editions. Please let us know your suggestions: OCCAN, PO Box 1332, Oneonta, NY 13820

Sincerely,

Members of OCCAN

Wendy Fink – Otsego County Department of Social Services
Cindy Drake- Catholic Charities of Delaware and Otsego Counties
Bill Hayes – Bassett Medical Center
Debra Ann Miller – Sanguine Family Counseling and Consultation Services
Denise Oliver– Otsego County Child Advocacy Center
Danica Sessions– Opportunities for Otsego, Inc. – Violence Intervention Program
Stacey Smith – Northeast Parent & Child Society
Stephanie Snyder – Community Maternity Services
Treena Halstead – Opportunities for Otsego, Inc. – Building Healthy Families
Heather Head – Schoharie County Community Action Program
CONTENTS

Section 1  COUNSELING, LISTENING AND/OR REFERRAL

Section 2  EDUCATION, JOB SKILL DEVELOPMENT

Section 3  ENERGY CONSERVATION & EMERGENCY ENERGY SERVICE

Section 4  FOOD AND NUTRITION SERVICES & CLOTHING

Section 5  CRISIS INTERVENTION
            FAMILY SUPPORT SERVICES
            SAFETY NET AGENCIES

Section 6  HOUSING

Section 7  LEGAL AND CONSUMER SERVICES

Section 8  SERVICES FOR CHILDREN & ADULTS WITH SPECIAL NEEDS

Section 9  MEDICAL / DENTAL SERVICES

Section 10 YOUTH PROGRAMS AND SERVICES

Section 11 TRANSPORTATION SERVICES

Section 12 TELEPHONE INDEX
SECTION 1 – COUNSELING, LISTENING AND/OR REFERRAL

A. Aids Services

1. Albany – NYS Dept. of Health HIV Hotline
   1-800-962-5065
   HIV Information, Testing & Counseling
   (Anonymous, Free, Rapid HIV testing available)

2. Bassett Healthcare
   125 Main Street
   Oneonta, NY 13820
   (607) 433-1790
   Primary Care, HIV Testing

3. Catholic Charities: AIDS Services (Outreach Office)
   176 Main St.
   Oneonta, NY 13820
   (607) 432-0061
   www.ccrcda.org

   Provides intensive case management for those infected and/or affected by
   HIV/AIDS in Delaware, Otsego, Schoharie, and part of Chenango Counties.
   Staff can help with arrangements for assistance with housing, transportation,
   nutrition, material and emergency support; an outreach site of Catholic Charities
   AIDS Services of Albany.

4. Catskill Rural AIDS Services
   66 Chestnut St.
   Oneonta, NY 13820
   (607) 436-9554 or 1-800-976-2727

   Information, referrals, support services, free seminars (anonymity assured).

5. Family Planning of South Central NY
   37 Deitz St.
   Oneonta, NY 13820
   (607) 432-2250
   http://fpscny.org/
   1-800-230-PLAN (will ring the nearest Family Planning Health Center)

   HIV testing and counseling (confidential, anonymous, free); STD (Sexually
   Transmitted Diseases) testing for Otsego & Delaware counties Departments of
   Health.
6. **Southern Tier AIDS Program (STAP)**
   Otsego/Delaware – (607) 432-6654 or 1-888-895-7264
   STAP Regional AIDS hotline – 1-800-333-0892
   National AIDS Hotline – 1- 800-227-8922
   Hours: M-F 9AM-5PM
   [www.stapinc.org](http://www.stapinc.org)

   Support services, Case Manager available week days to Delaware/Otsego counties, serves eight counties with advocacy, case management, support groups, trained volunteers, crisis information, and education to professional groups, schools, and agencies. All services are free of charge.

B. **Alcohol/Drug/ Community Support Groups/Information**

1. **LEAF Council on Addictions**
   80 Water St.
   Oneonta, NY 13820
   Hours: Monday – Friday 8:30am – 4:30 pm
   (607) 432-0090 or 1-800-339-1894
   [www.leafinc.org](http://www.leafinc.org)

   Information, referral, and educational services on alcoholism, drug addictions and diseases, gambling addiction, and associated problems for community, family and individuals; resources, speakers, materials available for loan and free pamphlets.

2. **Addiction Recovery Services**
   242 Main Street
   2nd Floor
   Oneonta, NY 13820
   Adult Services: (607) 431-1030
   Children’s Services: (607) 433-2334 OR (607) 547-1610

   **Clinic hours**
   **Oneonta:** Mon – Fri 8:30am -4:30pm (closed noon-1 for lunch)
   Mon – Wed until 7pm by appointment only
   **Cooperstown:** Mon-Wed; Fri 8:30am – 4:30pm (closed noon-1 for lunch)

   Confidential individual group counseling services are provided to those suffering from the disease of alcoholism, substance abuse/dependence and their significant others. Individual and group counseling. Resources and referrals are provided on an outpatient basis with referrals made to in-patient or other facilities; accepts crisis appointments and referrals from healthcare providers; Walk-ins
3. **Alcoholic Anonymous (AA)**  
   Statewide information: 1-888-227-6237 (2 B SOBER)  
   [www.ny-aa.org](http://www.ny-aa.org)  
   Counseling in self-help for alcoholics. Regular support group meetings. For information on AA in your geographic area, call the number above. No charge.

4. **Al-Anon-Otsego 1-800-425-2666**  
   Elm Park Methodist Church  
   401 Chestnut St.  
   Oneonta, NY 13820  
   Meetings: Sundays 8:00 p.m.  
   [www.nynafg.com](http://www.nynafg.com)  
   Nar-Anon:  
   First United Methodist Church  
   66 Chestnut St.  
   Cooperstown, NY 13820  
   Sundays 7:00 p.m.  
   Phone: (800) 591-6474  
   Strength and hope support group meetings for friends and families of those with substance use disorders.

5. **Friends of Recovery of Delaware and Otsego Counties**  
   The Turning Point   The Turning Point  
   22 Elm Street   167 Main Street  
   Oneonta, NY 13820   Delhi, NY 13753  
   (607) 267-4437   (607) 267-4435  
   Hours: M-F 9AM-4:30PM  
   [www.friendsofrecoverydo.org/](http://www.friendsofrecoverydo.org/)  
   Friends of Recovery of Delaware and Otsego Counties is a grassroots addiction recovery community organization by, about and for individuals and families in recovery from addictive disorders. Recovery Support Services help prevent relapse and sustain long-term recovery by building recovery capital, demonstrating hope, inviting all to participate, promoting volunteerism, and creating public awareness. FOR-DO is charged with providing peer-led support groups, recovery coaching; linkage to and assistance with a variety of needed services such as housing and employment, classes and workshops in life skills, health and wellness, education and career planning. FOR-DO also offers support through free social/recreational activities, family centered events, leisure interest development, sport team events and more.
C. Bassett Healthcare / Bassett Medical Center  
1 Atwell Rd.  
Cooperstown, NY 13326  
1-800-BASSETT / 1-800-227-7388

Psychiatry Services: (607) 547-3500 Psychiatric services for adults, adolescents and children. Outpatient services for children and adults. Adult inpatient unit for short term services. Medicaid, Medicare, and other insurance and managed care plans accepted at Bassett Medical Center and affiliated clinics. Call for specific information.

Social Work Services: (607) 547-3640 Social work counseling for adult and child illness, related personal and family concerns. Counseling for special health problems. i.e. kidney failure/dialysis, cancer.

D. Bereavement Support Groups

1. Catskill Area Hospice and Palliative Care, Inc.  
542 Main St.  
Oneonta, NY 13820  
(607) 432-5525  
www.cahpc.org

Support group meets twice a month to serve those who have lost loved ones. (Oneonta Evening Group/2nd Wednesday of the month 5:30 PM – 7PM at 1 Birchwood Drive)

For children and teens, there is a special two-day daytime camp, "Camp Forget-Me-Not" that is offered three times a year (call number above for more information.)

2. Compassionate Friends  
First United Methodist Church  
66 Chestnut St.  
Oneonta, NY 13820  
(607) 433-2492

Local chapter of a national network of support groups for parents, families or friends of families who have experienced the death of a child. Meets third Thursday of the month at 7:00 p.m. Enter church through Church Street entrance, handicapped accessible, free or charge.

3. P.A.L.S.- Peer Alliance League  
1 Fox Care Drive  
Oneonta, NY 13820  
Contact Kate: otsegopeer2peer@gmail.com
E. **Counseling Center**
State University College at Oneonta (SUCO)
Oneonta, NY 13820
(607) 436-3368

Hours: Mon – Fri 8:00am – 4:30 pm (During the semester) 8-12 PM and 1-4PM (during the summer)

Counseling for SUCO students: emotional, social, academic and vocational. Also, referral and information. No charge to SUCO students; short-term developmental counseling service.

F. **Community Maternity Services**
Catholic Charities
176 Main St
Oneonta, NY 13820
(607) 432-0061

An outreach site of Community Maternity Services of Schoharie County serves pregnant and parenting teens in Otsego County. Home visits help to prepare young parents for the challenges of child rearing with information about child development, family budgets, operating a home and balancing work, school and parenting. Court ordered parenting education programs provided.

G. **Dispute Resolution Center** - See Section 5: Crisis Information, Family support/Safety Net Agencies – C.3

H. **Family Resource Network**
(607) 432-0001

- Information and referrals on disability topics
- Advocacy Program via phone or email
- Families together in NYS Support Group
- Meetings are usually on the fourth Monday of each month


J. **Mountain View Social Club**
9 River Street
Oneonta, NY 13820
(607) 433-1714
- Assistance with community resources
- Vocational Services
- Housing Assistance
- Recreational Opportunities

K. **Otsego Adopt, Inc.**
PO Box 323
Springfield Center, NY 13468
(315) 858-0304
Debra Ann Miller, MSW
Email: dmosher14@stny.rr.com

Peer support group for adoptive and pre-adoptive families. Lending library resources available at no charge to interested families (books on parenting children with special needs as well as on adoption issues).

L. **Otsego County Behavioral Health Services**
242 Main Street 3rd Floor
Oneonta, NY 13820
(607) 433-2343 (adults age 18 and older)
(607) 433-2334 (children age 3 – 17)
www.otsegocounty.com/depts/mh
Office hours: Mon. – Fri 8:30 am – 5:00 pm

Counseling available: individual, family, children (ages 3 – 17) and adults (age 18 and older) Sliding fee scale, Medicaid, Medicare, and other medical insurance payments accepted; serves all Otsego County residents.

M. **Otsego County Support Groups**
- **BIANYS of NYS**
  Fox Care Center
  Fox Care Dr, Route 7
  Oneonta, NY
  - Brain Injury Support Group held on the last Monday of the Month, 1:00pm
  - Caregivers Support Group held on the last Monday of the month, 4:00pm
- **The Compassionate Friends**
  First United Methodist Church
  66 Chestnut St.
  Oneonta, NY 13820
  - Offers friendships and understanding who are grieving over the death of a child
  - Meeting: 7pm, 3rd Thursday of each month
- **Families Together in the Southern Tier**
  - For families raising children with emotional, behavioral, or social issues
  - Offered by Family Resource Network
    46 Oneida St
Oneonta, NY

- **Survivors of Suicide Loss Support Group**
  Lutheran Church of Atonement
  1 Center St.
  Oneonta, NY 13820
  - The group meets continuously throughout the year.
  - Meetings are held monthly on the 3rd Saturday of the month from 1:00pm-2:00pm

- **Dealing and Healing**
  A monthly grief support group for children and teens
  Hospice Office
  1 Reynolds St
  Oneonta, NY 13820
  - Provides a safe and supportive environment to learn ways and receive support from others to help deal with grief and have experiences with others to help heal from grief.
  - Specializes in children and teen grief.
  - Group meets the 3rd Wednesday of each month from 5:00-6:30

**N. Peer Alliance League (P.A.L.S)**
Fox Care Center Classroom C
1 Foxcare Drive (Rt 7)
Oneonta, NY

A peer run support group for people struggling with any kind of mental health issue. Meetings are informal and are directed toward maintaining positive wellbeing. Meetings are held the 1st and 3rd Tuesday of each month.

**O. Salvation Army**
25 River St.
Oneonta, NY 13820
(607) 432-5960
www.salvationarmy.org
Hours: Mon. – Fri. 9:30am – 4:30pm

Offers assistance for families concerned with children’s problems, brings the family together to address concerns. No charge.

**P. Veteran’s Affairs**
VETERANS SERVICES AGENCY – OTSEGO COUNTY
Mailing address: 197 Main St., Cooperstown, NY 13326
Physical address: Meadows Office Complex
140 County Hwy 33W, Cooperstown, NY

VA Affairs Office (607) 547-4224
VA Hospital Van call Ward Goodale
(607) 267-8571 or (315) 264-3995
Hours: Mon. – Fri 9:00am – 3:00pm (appointments appreciated)

Information for veterans and their dependents on benefits and services available to them. No charge.

Q. **Violence Intervention Program, Opportunities for Otsego**
3 West Broadway
Oneonta, NY 13820
Office: (607) 433-8038
Hours: M-F 8-5PM
24 hr Hotline: (607) 432-4855 (collect calls accepted)
[http://www.ofoinc.org/find-program/violence-intervention-program/](http://www.ofoinc.org/find-program/violence-intervention-program/)

Free and confidential services to victims of sexual assault, rape, date rape, incest, intimate partner violence, family violence, or any innocent victim of a crime. Adults and children who have experienced trauma in the form of physical, emotional, psychological or verbal abuse will be provided confidential support and services; offers a 24 hour crisis hotline, a staffed domestic violence safe house, individual and group counseling, legal advocacy and court accompaniment, crime victim board compensation assistance, domestic violence and sexual assault prevention education for schools and community organizations, and volunteer opportunities. Also offers transitional housing to victims who qualify for these services.

R. **Warm Line**
Mountain View Social Club (RSS Inc.)
9 River St. Or P.O. Box 781
Oneonta, NY 13820
607-433-0661 or 1-800-377-3281
Hours of Operation:
Sun—Sat: 4 pm to 8:30 pm

Peer Support Services: Confidential peer self-help; suggested referrals to community services and alternative means of finding growth and health; prearranged contact calls to your home by a peer worker.

The Warm Line is NOT a crisis hotline.
SECTION 2: EDUCATION / JOB SKILL DEVELOPMENT

A. Afton Central Adult/ Continuing Education Program  
29 Academy Street  
PO Box 5  
Afton, NY 13730  
(607) 639-2811  
www.afton.stier.org

The Afton Central School Adult and Continuing Education Program offer free adult basic education and high school equivalency preparation classes at many locations. Classes are generally small in size and are taught by NYS certified teachers. Students are assessed in reading and math and then an individualized course of study is designed to meet the student’s needs. Students work at their own pace on materials provided by the program free of charge. The program may be joined at any time. Also offered is GRASP (Give Ready Adults a Study Program). GRASP is a home study program for adults aged 21 and over who have good reading and math skills.

B. Clark Foundation Scholarship  
PO Box 427  
Cooperstown, NY 13326  
(607) 547-9927

Scholarship program for eligible fulltime college undergraduate candidates. Based on scholastic criteria, not based on need. Candidates must have graduated from one of the following local high schools: OAOC (Otsego Area Occupational Center); Cherry Valley-Springfield; Cooperstown; Edmeston; Laurens; Milford; Richfield Springs; Schenevus; Worcester; Van Hornsville (OD Young) or West Winfield (Mt. Markem). For candidates who have been out of school for a while, there is a “proving” period – one year (full time enrollment with a 3.0 GPA) before becoming eligible. To apply or find out more information, contact the office for an interview. No charge.

C. Cornell Cooperative Extension of Schoharie & Otsego Counties  
123 Lake St.  
Cooperstown, NY 13326  
(607) 547-2536  
www.cce.cornell.edu/otsego

Oneonta Outreach  
31 Maple St.  
Oneonta, NY 13820  
(607) 433-2521
Cornell Cooperative Extension of Schoharie and Otsego Counties is an organization that provides informal education for individuals of all ages. It has a history of conducting classes, workshops and tours, and providing informational and educational brochures for over 90 years. It is currently providing assistance in areas of: Health and Nutrition, 4-H/Youth Development, and Agriculture and Master Gardener Programs.

D. **Education Opportunities Program-SUNY Oneonta**

Administration Building Room 332B  
State University of NY at Oneonta  
Oneonta, NY 13820  
Telephone: (607) 436-2496  
E-mail: cheryl.peeters@oneonta.edu  
Website: [http://www.oneonta.edu/development/eop/](http://www.oneonta.edu/development/eop/)

Assists financially and educationally disadvantaged individuals in admission to the college. They offer tutorial, financial counseling and advisory services throughout the college experience.

E. **Empire State College**

State Office Building, Room 505  
44 Hawley Street  
Binghamton, NY 13901  
(607) 721-8651  
E-Mail Address: jennifer.kelsey@esc.edu  
Website: [www.esc.edu](http://www.esc.edu)

Call for information Monday – Friday (8:30am – 4:30am) or email for more information.

Center for Distance Learning- online courses

Empire State College is a non-traditional, higher education system. It offers individualized education and college programs in support of life-long learning. Monthly informational meetings at addresses listed above.

F. **Excelsior College**

7 Columbia Circle  
Albany, NY 12203-5159  
(518) 464-8500 or toll free: 1-888-647-2388  
Website: [www.excelsior.edu](http://www.excelsior.edu)

Hours: Mon. and Wed. 8:30am – 8:00 pm (5-8pm phone only)  
Tues., Thurs. and Fri. 8:30am – 5:00 pm

Excelsior College offers 32 degree programs at associate and baccalaureate levels in business, liberal arts, nursing, health sciences and technology. These degrees are comparable to those offered in two and four year colleges. Enroll anytime. No residency requirement. Full or part-time. Academic advising services help you consolidate coursework on one transcript. Obtain credit for what you
know through examinations if training is assessed to be at college level. Costs are low. Regionally accredited by Middle States Association for Colleges and Schools. Nursing program accredited by the National League for Nursing Accrediting Commission (NLNAC).

G. High School Equivalency and Adult Education Information

1. Cooperstown High School
   39 Linden Ave.
   Cooperstown, NY 13326
   (607) 547-8181 or (607) 547-5512

2. BOCES Herkimer County
   352 Gros Boulevard
   Herkimer, NY 13350
   (315) 867-2000

   BOCES has many programs that help adults improve their literacy and math skills, learn English, or prepare to take the GED exam. Individually prescribed instruction can be completed online, in class, or in a combination of formats. Please call for more information.

3. DCMO BOCES
   Chenango Campus (607) 335-1200           RWH Campus (607) 865-2500
   678 County Rd. 32                  270 BOCES Drive
   Norwich, NY 13815                  Sidney Center, NY 13839

   English as a second language and GED prep classes for ages 21 and older. Classes are free.

4. Educational Guidance Counselor
   See your local school guidance counselor for information on classes for adults; continuing education courses and vocational programs; grants, scholarships and loans for fulltime school programs. No charge.

5. Office of Continuing Education SUNY Oneonta
   SUNY Oneonta
   132 Neltzer
   Oneonta, NY 13820
   (607) 436-2548
   Website: www.oneonta.edu

   Information on continuing education courses available at State University of Oneonta and on college credit for life experience. Call for more information. Courses listed online.
6. **Otsego Area Occupational Center (BOCES)**  
1914 County Hwy 35  
PO Box 57  
Milford, NY 13807  
(607) 286-7715  
Website: [www.oncboces.org/Otsegocenter.cfm](http://www.oncboces.org/Otsegocenter.cfm)

Adult & Continuing Education: Child Development Associate Certified Nurses Aide, and Home Health Aide. ONC BOCES offers free Adult Basic Education and GED preparatory classes. These programs are offered free of charge to adults 21 years and older who do not have a high school diploma or GED. The Adult Education Home Study program called GRASP (Giving Ready Adults a Study Program) is also available to adults. Through GRASP, students prepare for their GED at home. Adults who participate in our GED programs are eligible to take vocational programs at our occupational centers, free of charge. To get more information or to register for classes, please call: Pam Barber, Adult and Continuing Education Coordinator, at (607) 286-7715, Ext 308.

7. **Otsego Area School of Practical Nursing**  
31 Center St 3rd floor  
Oneonta, NY 13820  
(607) 431-2562  
Website: [www.oncboces.org](http://www.oncboces.org)

The PN Program is a full-time, ten–month classroom/clinical instructional adult education program that runs from September to June for students with a high school diploma or GED. All classes consist of 30-35 hours of instruction per week. Hours vary depending on semester and assignment, but generally run from 8:00 a.m. to 2:30 p.m. for classes, and 7:00 a.m. to 2:30 p.m. for clinical experience with the exception of one clinical session from 1:00 p.m. to 7:00 p.m. at Bassett during the spring semester. Call for more information.

8. **Job Service, NY State Employment Office**  
CDO Workforce Center/Otsego County Office of Employment & Training  
12 Deitz Street, Suite 101  
Oneonta, NY 13820  
Website: [www.cdoworkforce.org/](http://www.cdoworkforce.org/)  
(607) 432-4800 or toll free 1-800-244-5779  
Hours: Monday – Friday 8:30am – 5:00pm

The Chenango-Delaware-Otsego Workforce Investment Board coordinates and focuses employment, training and education development resources across three counties providing service to employed people, unemployed people and employers alike. Our goal is to improve the long-term growth and development of the work force. All services free of charge.
9. Oneonta Adult Education
31 Center Street
Oneonta, NY 13820
(607) 432-8200
Website: www.oneontacsd.org/district.cfm?subpage=392036

Programs of Oneonta Adult Education:

Adult Basic Education (ABE) – training in basic life skills, reading, writing, and math for the workplace;
English as a Second Language (ESOL) – English language instruction in listening, speaking, reading, and writing English for adults whose native language is not English;
High School Equivalency (GED) – preparation in writing, literature, science, social studies and math to prepare for the GED. GED Test information and registration;
GRASP or SMART (Home Study) for adults who are unable to attend class and are able to work independently at home for the high school equivalency diplomas (GED).
Literacy Volunteers of Otsego and Delaware Counties (LVODC) – trains and coordinates volunteers who go into the community to help adults one-on-one instruction in reading, writing, or English as a second language. Volunteers also help adults learn skills to improve their employment opportunities or to help their children in school. Tutor and students meet at a time and location convenient for both. LVODC instruction and training are free and confidential for both tutor and student.

10. Oneonta Job Corps Academy
21 Home Folks Ave.
Oneonta NY 13820
(607) 433-2211 or toll free 1-800-758-7502
Website: www.oneonta.jobcorps.gov

Offers residential, educational, vocational and GED education to young adults (ages 16-24) who qualify Vocational offerings include: auto body repair, auto mechanics, cement masonry, clinical medical assistant, electrician, facilities maintenance, health occupations/certified nurses aide, medical office technology, and tile setting. Call for more information.

11. Opportunities for Otsego
3 West Broadway
Oneonta, NY 13820
(607) 433-8000 or toll free 1-800-986-5463
Website: www.ofoinc.org/
Building Healthy Families (607) 433-0444

Knowledgeable, caring paraprofessionals provide assessment, information and support during pregnancy and early childhood to eligible families as they prepare for and adjust to the changes that come with parenting. In-home partnerships with parents are begun during pregnancy and promote healthy births, positive and enjoyable parenting, and healthy child development. Support services are free, confidential, and individualized as participants achieve family wellness and realize goals according to interest and need. Families can enroll up to 3 months post birth and can enjoy visits for 3 to 5 years when their child either enters a Head Start program or until their child enters Kindergarten.

The Children’s Center
Family Court Building
197 Main St
Cooperstown, NY
(607) 607-322-3139
Hours: M-F 9-4:30 PM (8:30-4pm July & August)

Provides drop-in day care for children 6 weeks-12 years of age whose caregivers have business in Family Court. The goal of the program is to protect children from witnessing the complicated issues discussed in the court room and allow parents to focus on addressing their needs. Try to arrive a few minutes before you anticipate leaving your child.

Early Head Start (607) 433-8055

A community-based program for low-income families with infants and toddlers and pregnant women. The program promotes healthy prenatal outcomes, enhances child development, and promotes healthy family functioning. Families involved with Early Head Start are offered services until their child enters Head Start. Eligibility is based on Federal Income Guidelines. There are no fees for participation.

Head Start (607) 433-8055

A comprehensive preschool program that helps children from low-income families develop the early reading and math skills they need to be successful in school. The program promotes school readiness by enhancing the social and cognitive development of children ages 3 through 5. There are 11 locations throughout Otsego County. Eligibility is based on Federal Income Guidelines.
The Toddler Room (607) 432-5313
256 River Street
Oneonta, NY 13820

The toddler room is an Early Head Start classroom located at the River Street site that provides developmentally appropriate educational services to children ages 18 months to 3 years. Hours of operation are 8am-2pm, Monday – Friday. This is a free program for low-income families. For more information and to apply, call the River Street site at 432-5313 or Opportunities for Otsego at 433-8000.

Universal Pre-Kindergarten (607) 433-8055

Offers four year old children access to high-quality pre-kindergarten programs that prepare them for future school success by developing strong foundational skills in early literacy and numeracy.

WIC (Women, Infants, and Children) (607) 433-8071

Provides supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five. The program is linked to positive birth outcomes and enhances the overall health of pregnant women, new mothers, and infants. Income eligibility is 185% of Federal Poverty Level.

12. Otsego County Dept. of Social Services
   The Meadows Office Complex
   140 County Hwy 33W
   Cooperstown, NY 13326
   (607) 547-1700 or toll-free 1-800-422-2512
   Mailing Address: 197 Main Street, Cooperstown, NY 13326

   Employment Unit – Works with people to achieve the goal of financial independence; provides job readiness training classes, job search assistance, subsidized child care, supervised work experience, training assistance, and appropriate referrals as indicated; must be presently receiving temporary assistance and/or SNAP services in order to qualify.

13. RSS Employment Services

   Rehabilitation Support Services
   9 River Street
   Oneonta, NY 13820
   (607)433-1714

   VESP, the Vocational Education Support Program, operated by RSS Inc, strives to assist mental health job-seekers in regaining their lives through work and education.
14. **Springbrook**  
2705 State Hwy 28  
Oneonta, NY 13820  
(607) 286-7171  
Website: [www.springbrook.org](http://www.springbrook.org)

Springbrook is a multi-service organization that provides residential, educational, clinical and habilitative supports for individuals with developmental disabilities. Programs and services include: early intervention services, birth to 5 evaluations, preschool, main campus school, adult day habilitation, consultation teacher services, service coordination, community residences, campus residences, and individual residential alternative homes as well as respite and residential habilitation in the home and the community. Please call for more information.

15. **Schoharie County Community Action Program**  
Child Care Resource and Referral Center  
795 East Main Street, Suite 5  
Cobleskill, NY 12043  
(518) 234-2568  
Hours: M-F 8:00am-4:00pm

Provides referrals to registered and licensed providers in your area, counseling on what to look for in a quality child care provider, and parent education workshops. This service is open to both Schoharie and Otsego Counties.

16. **The Arc Otsego**  
35 Academy Street  
Oneonta, NY 13820

Vocational Training Center – For individuals with developmental disabilities

17. **Utica School of Commerce**  
Website: [www.uscny.edu](http://www.uscny.edu)

College level courses in business. One year college diploma program or two year associates degree in administrative assistant, business administration, data processing, accounting, business management, micro computer technologies program. TAP and PELL Grant information is available; year round schedule; day and evening classes available. Call for more information.
SECTION 3: ENERGY CONSERVATION AND EMERGENCY ENERGY SERVICE

Electric or Gas Emergency: Dial 911

**Families/Individuals Threatened with shut off of Gas or Electric:**

Shut off of electric or gas can be a life threatening situation.
Take action immediately.
Do not ignore shut off notices or late bills.

If you are late or unable to pay your monthly energy bill, call the company:
- NYSEG (NYS Electric and Gas): 1-800-572-1111
- National Grid: 1-800-NIAGARA (1-800-642-4272)
- REA Otsego Electric Cooperative: (607) 293-6622

- Talk to customer service representative. The representative will help you, based on your individual circumstances, to resolve your problem or may refer you to an agency which can help set up a plan of action.
- You must contact NYSEG or National Grid first before emergency assistance can be arranged.
- Contact the Department of Social Services (who will direct you where to go to apply for HEAP (Home Energy Assistance Program), or Emergency Assistance to Families (EAF) if HEAP is unavailable).
- If you are not eligible for EAF, you can contact the Department of Social Services to apply for one time FEMA funds for emergency fuel – these funds are sometimes available.
- If you have a life threatening situation and you have carefully followed the above steps and have been turned down by all, you may want to call the NYS Public Service Commission Hotline for help at 1-800-342-3355 (recorded message).

**A. Catholic Charities of Delaware, Otsego, and Schoharie Counties**

176 Main Street       21 Liberty Street
Oneonta, NY 13820     Sidney, NY 13838
607-432-0061          607-401-4071

Catholic Charities offers assistance with utility emergencies including electric shut-offs, heating assistance, hot water, etc. All other resources and programs must be exhausted prior to receiving assistance from Catholic Charities.

**B. Citizen Action Fuel Group**

94 Central Avenue
Albany, NY 12206
1-800-559-4645

*Leave a message. They return calls on Tues., Weds, and Thurs only*

Email: cafg@citizenactionny.org
www.cafg.org

A non-profit fuel group using group purchasing power to provide members with fuel oil and kerosene at much lower prices over the heating season. Membership in group costs $25/year and $20/year for senior citizens. There are no income
eligibility requirements. There is a one time start up registration fee of $5.00 for all. Call for an application and information. Full service dealers provide the fuel, offer credit terms and automatic delivery.

C. **New York State Gas and Electric (NYSEG)**

NYSEG Emergency: 1-800-572-1131
Credit assistance and payment arrangements: 1-888-315-1755
Website: [www.nyseg.com](http://www.nyseg.com)

Offers financial assistance/benefits and energy assistance to NYSEG customers.

D. **NYS Public Service Commission**

Consumer Services Division
3 Empire State Plaza
Albany, NY 12223
Hotline: 1-800-342-3355 Offers recorded informational messages.
Website: [www.dps.ny.gov/](http://www.dps.ny.gov/)

1. Consumers threatened with a shut off of gas, electric or steam:
   You must contact the energy company first. If no help, ask for staff assistance to arrange for deferred payment agreements ensuring that the company complies with the Home Energy Fair Practices Act.

2. Consumer’s unresolved complaints concerning utility bills and services:
   HELPLINE: 1-800-342-3377. Monday – Friday, 10:00 AM - 4:00 PM
   TDD for Hearing/Speech Impaired: 1-800-662-1220
   File a complaint online at:
   HELPLINE staff investigate each complaint, answers questions on electric, gas, telephone or privately owned water services.

3. New York State Energy Office
   1-866-NYSERDA
   Website: [www.nyserda.ny.gov/](http://www.nyserda.ny.gov/)
   Distributes energy conservation information, energy investment loans to businesses and zero interest loans for HEAP recipients.

4. **ASK PSC**
   The Office of Consumer Policy maintains the web site with information on how to participate in Department proceedings, consumer assistance programs, shopping for your energy service and tips on saving energy and reducing your utility bills.
5. **HEAP (Home Energy Assistance Program)**
   (607) 547-1700, 1-800-422-2512
   HEAP is a federally funded Home Energy Assistance Program that may assist eligible candidates with fuel and utility assistance, emergency assistance and furnace repair and replacement.

6. **Weatherization**:  
   (607) 433-0444
   The Weatherization Program is designed to help make your home more energy efficient, warmer and safer. Weatherization is available to income eligible homeowners and renters.

7. **Assisted Home Performance with ENERGY STAR®**
   (607) 433-0444 /FAX: 433-0440
   Offers Comprehensive Home Assessments to qualified Otsego County homeowners and tenants, as well as a 50% subsidy (up to $4000) for all eligible improvement work, which includes energy efficiency and health and safety measures. Targeted to households at 60%-80% of the State Median Income. Funded by the New York State Energy Research and Development Authority (NYSERDA).

8. **Home Performance with ENERGY STAR®**
   (607) 433-0444 /FAX: 433-0440
   Offers Comprehensive Home Assessments to qualified Otsego County homeowners and tenants. May qualify for low interest energy loans for all eligible improvement work, which includes energy efficiency and health and safety measures. Targeted to income levels 80% and above of the State Median. Funded by NYSERDA.

9. **Energy Opportunities**  
   There is a Fee for Service component of OFO for those looking for energy conservation services outside of the listed program services: (607) 433-0440.

E. **Otsego County Department of Social Services**

   Otsego Co. Office Building (by mail)  
   The Meadows (in-person)
   197 Main Street  
   140 County Highway 33W
   Cooperstown, NY 13326  
   Cooperstown, NY 13326

   Phone: (607) 547-1700, 1-800-422-2512
   Hours: Monday – Friday, 9:00 AM – 5:00 PM (except summer)
   Monday – Friday, 9:00 – 4:00 PM (July-August)

1. **Emergency Aid to Families (EAF):**
   (607) 547-1700, 1-800-422-2512
This program is designed to meet the emergency needs of families with children less than 18 years of age in specific circumstances. Call for more information. Must apply in person. Bring any shut off notice with you.

2. **Home Energy Assistance Program (HEAP):**
   (607) 547-1700, 1-800-422-2512
   This program provides one-time benefit paid directly to fuel dealer. You must have vendor relationship for fuel oil, kerosene, electric, gas, wood, coal or rent and heat. Regular benefits program begins when funding is available. Funding is limited. Individuals and families receiving public assistance and food stamps are automatically eligible.

F. **Otsego County Sheriff**
   172 County Highway 33 West
   PO Box 326
   Cooperstown, NY 13326
   (607) 547-4271
   *For emergency only: dial 911*
   Hours: Open 24 hours a day, seven days a week.

Call for assistance in case of life threatening situations and in relevant emergencies. Will notify fire department, ambulance or DSS (Department of Social Services) in case of emergency. No charge.

G. **Project Share (NYS Electric and Gas)**
   Catholic Charities of Delaware, Otsego, and Chenango Counties
   176 Main Street
   Oneonta, NY 13820
   607-432-0061
   21 Liberty Street
   Sidney, NY 13820
   607-401-4071

   Project Share provides financial assistance to NYSEG or National Grid elderly or disabled customers who require help to pay for basic energy needs. Can help pay for oil, gas, electricity, propane, or wood; or pay for repairs to heating equipment such as a broken furnace; or for weatherization such as a broken window. *You must first apply for HEAP to be considered. (See E-1 or E-2 in this section.)* No charge.

   **You may be eligible if:**
   - You have an energy related problem
   - You are a NYSEG or National Grid customer or live in NYSEG or National Grid service area
   - You have applied for HEAP
   - You are eligible for Food Stamps or receiving Public Assistance
   - You are/have:
- a non-HEAP eligible family with an income that does not exceed 5% of the regular or emergency HEAP guideline
- Age 60 or older
- Disabled, regardless of age
- A medical problem that is aggravated by the energy emergency, regardless of age
- An active duty service member regardless of income
SECTION 4: FOOD AND NUTRITION SERVICES & CLOTHING

A. A. O. Fox Hospital Nutrition Consultation Services
Fox Care Center
1 Fox Care Drive
Oneonta, NY 13820
(607) 431-5181
http://www.bassett.org/ao-fox-hospital/services/health-and-wellness/

A registered dietitian is available for nutrition consultation within the Wellness and Education Center. You can get help to tailor a diet program that is right for you and your family. Have your doctor complete a Nutrition Consultation Referral form.

B. Bassett Healthcare Outpatient Nutritional Counseling

To make an appointment
For Cooperstown: 607-547-3456
For Cobleskill: 518-254-3456
For Delhi: 607-746-0300
For Herkimer: 315-867-2700
For Little Falls: 315-823-1000
For Oneonta: 607-433-6300

Offers outpatient nutritional counseling. Call for information or appointment.

C. Breastfeeding Support: La Leche League or International La Leche
Otsego County: (607) 638-9058 – call, text or email.
Also find them on Facebook at La Leche League of Otsego County, NY, USA 1-877-4-LALECHE (1-877-452-5324)
International La Leche: (800) 525-3243 (Monday – Friday: 9AM – 5 PM)
www.llli.org

Provides education, information, support, and encouragement to women who want to breastfeed. Women’s Meeting 2nd Wednesday of each month at 10:00am / Family Meetings 4th Wednesday of the month at 5:00 pm. Meetings are held at The First United Methodist Church, corner of Chestnut St. and Church St., Oneonta.

D. Cornell Cooperative Extension of Schoharie and Otsego Counties
123 Lake Street
Cooperstown, NY 13326
(607) 547-2536
(607) 547-5180 (FAX)
Email: otsego@cornell.edu
Website: www.cce.cornell.edu/otsego
1. EFNEP-Expanded Food & Nutrition Education Program – (607) 547-2536 – Promotes nutrition and physical activity through 6 lessons at no cost to the participant. A trained Nutrition Program Educator will meet individually or in a small group for interactive lessons focusing on meal planning, budgeting, preparing low cost, nutritional meals, and ways to increase physical activity, and much, much more! Eligibility is based on income and children in the household.

2. Master Gardener Program – (607) 547-2536 (Ext. 221) – Cornell trained volunteers answer questions and provide information about gardening, vegetable and fruit cultivation, pests and diseases, harvesting and food preservation (freezing and canning). Help for new or experienced gardeners. pH tests, pamphlets, information sheets and other resources are available. Also visit the Home Gardening Website: www.gardening.cornell.edu

E. Food: Soup Kitchens in Otsego County

| The Lord's Table               | Saturday's Bread         |
| St. James Episcopal           | First United Methodist   |
| 18 Elm St.                    | 66 Chestnut St.          |
| Oneonta, NY 13820             | Oneonta, NY 13820        |
| (607) 432-1458                | (607) 432-0803           |
| Mon. – Fri. 4:30pm – 6pm      | Saturdays only 11am – 1pm|

| Meal with a Message           |
| Salvation Army                |
| 25 River Street               |
| Oneonta, NY 13820             |
| (607) 432-5960                |
| Sundays 4pm after brief service|

F. Food Pantries of Otsego County (some restrictions may apply)

1. Burlington Flats
   *First Baptist Church of Burlington Flats*
   101 Arnold Road
   Burlington Flats, NY 13315
   (607) 965-8914
   Contact: the Minister of the church, Pastor Jay Henderson

2. Cherry Valley
   *Daily Bread Food Pantry*
   The Community Center
   2 Genesee Street
   PO Box 328
3. **Cooperstown Food Pantry**  
   *First Presbyterian Church*  
   25 Church St.  
   Cooperstown, NY 13326  
   (607) 547-8902  
   Hours: Mon. – Fri 10am – noon; 2pm – 4pm /  
   Last 2 Saturdays of the month 10am – noon except holidays.  
   Restrictions: Once per month / serving Northern Otsego County ONLY

4. **Edmeston**  
   *Second Baptist Church Food Pantry*  
   7 North St.  
   Edmeston, NY 13335  
   Restrictions: by appointment only, limited to service of immediate area  
   Contact: Doreen Bash bushdkb@gmail.com or (607) 965-8258

5. **Gilbertsville**  
   *Butternut Valley Food Pantry*  
   166 Marion Ave.  
   Gilbertsville, NY 13776  
   By Appointment only  
   Contact: Lynn Hoadley: (607) 783-2862 or Hilary Fuller (607) 859-2631  
   TH: 3-6PM and Sat: 10-12PM  
   Restrictions – by referral only, for emergency use. Go to area ministers if possible.

6. **Hartwick/Mt. Vision**  
   *Hartwick United Methodist Church*  
   3080 County Hwy 11  
   Hartwick, NY 13348  
   Hours: Mon, Wed, & Thurs 10am – noon.  
   Contact: Gina & Jim Palmer (607) 293-7331

   *St. Matthews Lutheran Church*  
   125 Main St.  
   Laurens, NY 13796  
   (607) 432-9120  
   Hours: call for an appointment

7. **Mt. Upton**  
   *United Methodist Church*
1739 State Hwy 8  
Mt. Upton, NY 13809  
By appointment only  
Emergency needs call (607) 764-8365 and leave a message

8. **New Berlin**  
   *St. Andrews Episcopal Church*  
   40 South Main St.  
   New Berlin, NY 13411  
   Hours: by appointment only  
   Contact: Father Chuck Taylor at (607) 847-6361

9. **Oneonta**  
   *St. James Episcopal Church Food Pantry*  
   305 Main St.  
   Oneonta, NY 13820  
   (607) 432-1458  
   Hours: Mon. – Fri. 9am – 2pm  
   After hours emergencies call number above

   *St. Mary’s Roman Catholic Church at Parish Center*  
   38 Walnut St.  
   Oneonta, NY 13820  
   (607) 432-3920, extension 212  
   Hours: Mon. – Fri. 11am – 3pm  
   Restrictions: Access to Oneonta food pantries is once every 30 days.  
   3-day emergency supply to residents of Southern Otsego County.

   *Salvation Army*  
   25 River St.  
   Oneonta, NY 13820  
   Call (607) 432-5960 in an emergency  
   Contact: Sharon Haines  
   Hours: Mon. – Fri.: 9:30am – 4:30pm  
   Restrictions: Access to Oneonta food pantries is once per month. They will refer you to your area food pantry if there is one available

10. **Otego**  
   *Unatego Community Church*  
   290 Main St.  
   Otego, NY 13825  
   Contact: (607) 604-4370 or the church (607) 369-3707  
   Hours: Thursdays 3:15-5:15pm Saturdays 11am – 1pm, and by appointment
11. Richfield Springs
   *Church of Christ Uniting*
   22 Church St.
   Richfield Springs, NY 13439
   Hours: Tues. & Thurs. 10am – noon
   2nd & 4th Saturdays 10am – noon
   Contact: Ken Dreis (315) 858-0667 or the Church at (315) 858-1553

12. Schenevus - limited to service of immediate area only
   *Tri-Valley Food Pantry - Schenevus Methodist Church*
   66 Main St.
   Schenevus, NY 12155
   Contact: Judy Staruck at (607) 638-5509, Mary Mulbury at (607) 638-5409
   or Kathy Fredette at (607) 638-5628
   Restrictions: by appointment only, call for specifics.

13. Unadilla
   *Unadilla Emergency Food Pantry - United Methodist Church*
   170 Main St.
   Unadilla, NY 13849
   Hours: Mon., Fri. Sat. – 11am – 12:30pm
   Contact: (607) 369-2052

14. Worcester - limited to service of immediate area only
   *Worcester Food Pantry - First Presbyterian Church*
   174 Main St.
   Worcester, NY 12197
   Contact: Geraldine Roe at (607) 397-1802
   Restrictions: by appointment only, call for specifics.

G. Holiday Food Baskets - available from the following agencies in November
and/or December. Please contact them for details.

1. Family Service Association – (607) 432-2870
2. Salvation Army – (607) 432-5960

H. Food Stamps
   Otsego County Dept. of Social Services
   (607) 547-1700
   Toll free: 1 - (800) 422-2512

<table>
<thead>
<tr>
<th>Mailing Address</th>
<th>Physical Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>197 Main St.</td>
<td>Meadows Office Complex</td>
</tr>
<tr>
<td>Cooperstown, NY 13326</td>
<td>1410 County Hwy 33W</td>
</tr>
<tr>
<td></td>
<td>Cooperstown, NY 13326</td>
</tr>
</tbody>
</table>
Must be income eligible. Apply to find out. Phone for information or apply online. Request an application to be sent to you when you call. Complete all the information you can on the application. Be sure to fill out at least your name and address, the date and your signature. Bring or send the application to the Food Stamp Office as soon as possible. Your benefits, if eligible, will be counted from the date the signed, dated application is received at the Food Stamp Office; however, a face to face interview will still be required. You may qualify for expedited food stamps if you meet the criteria. This means your Food Stamp application must be processed within 5 calendar days. You can apply for food stamps online at [https://mybenefits.ny.gov](https://mybenefits.ny.gov)

New York State Food Stamp Hotline: 1-800-342-3009
If you are having trouble getting Food Stamps, call for information and help. No charge.

I. **Nutrition Outreach and Education Program (NOEP)**
   Catholic Charities of Delaware, Otsego, and Schoharie Counties
   176 Main St.
   Oneonta, NY
   607-386-3562

   The main focus of the program is to provide outreach to the lower income community and food insecure families and individuals and connect them to food and nutrition resources in their area within the county (food pantries, meal programs, etc.). The program also provides at home assistance for those who want to apply, re-apply, or recertify for SNAP benefits (formerly known as food stamps).

J. **Office of the Aging**
   For Cooperstown: (607) 547-4232
   For Oneonta: (607) 432-9041

   Home meal deliveries; senior meal locations; Farmers Market Nutrition Program.

K. **CNY Veteran’s Outreach Center**
   726 Washington Street
   Utica, NY 13502
   315-765-0975
   Hours: Thur 10am-2pm (or by appointment)

   Food Bank provided for veterans and families of veterans. Appointments available at Opportunities for Otsego, 3 West Broadway, Oneonta, NY 13820.
L. (WIC) Women, Infants and Children
Phone: (607) 433-8071
http://www.ofoinc.org/find-program/women-infants-and-children/

WIC provides supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women and families with children under the age of 5 years old. Must meet income eligibility. Call for specific income requirements. This program stresses nutrition education and gives a family a voucher to purchase formula and nutritious food. Appointments available during the day, evening and Saturday appointments once a month. Outreach clinics also available.

M. Clothing Services and Thrift Stores

A. Catholic Charities
   176 Main Street
   Oneonta, NY
   (607)432-0061
   Hours: M-F 9am-5pm
   Baby clothing

B. Catskill Area Hospice and Palliative Thrift and Boutique
   261 Main Street
   Oneonta, NY
   (607)432-5335
   Hours: 10am-4pm Tuesday/Saturday
   Gently used clothing accessories, household goods, kitchenware at affordable prices.

C. CORE Value Thrift Shop
   112 W. Main Street
   Stamford, NY
   (607)369-2827
   Hours 10am-4pm Wed-Sat.

D. Family Service Association Clothing Room
   277 Chestnut Street
   Oneonta, NY
   (607)432-2870
   Hours: 9:30am-12:30pm M-W, 1:30pm-4:30pm M-TH.
   Free clothing, shoes, and bedding

E. Helping Hands Clothes Closet
   Trinity Episcopal Church
   44 Main Street
   Binghamton, NY
(607) 760-4764- Call ahead for appointment
Free women’s clothing (professional)

F. Magic Closet
   Episcopal Parish House
   162 Main Street
   Morris, NY
   (607)652-4772
   Hours: 11am-4pm M-W, 11pm-6 TH/F, 10am-3pm Sat.
   Low cost clothing household appliances, kitchenware, books, videos, etc.

G. Margaretville Thrift Shop
   850 Main Street
   Margaretville, NY
   (845)586-3737
   Hours: 12pm-4pm M-Sat
   Used clothing

H. Milford Clothing Bank
   First United Methodist Church
   86 N Main Street
   Milford, NY
   (607)263-5116
   Hours: 11am W/Sat., 4:30pm TH
   Free clothing, toys, household goods

I. Salvation Army Thrift Shop
   105 Main Street
   Oneonta, NY
   (607)432-0952
   Hours: M,T,F,Sat. 9am-5pm, W/TH 9am-8pm

J. Shakedown Street
   167 Main Street
   Oneonta, NY
   (607)436-9776
   Hours: 11am-6pm M-Sun
   Low cost women’s, men’s, and baby clothing

K. SPCA Better Exchange Thrift Shop
   4841 State Hwy 28
   Cooperstown, NY
   (607)547-9462

L. The Arc Otsego- Community Diaper Program
   For more information contact:
Erin Seeley  
Director of Employment Services  
(607)433-8447 x110  
www.arcotsego.org

M. **Thrifty Shopper (Rescue Mission)**  
   1139 Upper Front Street  
   Binghamton, NY  
   (607)348-0092  
   Hours: 10am-9pm M-F, 9am-9pm Sat., 12pm-7pm Sun

N. **Unadilla House of Consignment**  
   214 Main Street  
   Unadilla, NY  
   (607)369-2827  
   Hours: 10am-4pm Wed-Sat
SECTION 5: CRISIS INFORMATION, FAMILY SUPPORT SERVICES – SAFETY NET AGENCIES

A. AIDS Services - (See Section 1: Counseling, Listening and/or Referral, #1)

B. American Red Cross
33 Everett Road
Albany, NY 12205
(518) 458-8111

Provides civil or natural disaster aid services to families and individuals including food, clothing, and shelter. Verifying agency for Project Share and Share and Care (see Section 3: Project Share- G). Classes in first aid, CPR and Water Safety. Services and information for families in the military. Call for information. No charge for information or disaster services. Minimal charge for courses and booklets.

C. Catholic Charities
176 Main Street
Oneonta, NY 13820
(607) 432-0061
Hours: Monday – Friday, 9:00 AM – 5:00 PM.
www.charitiesccdo.org

Services for families and individuals. Catholic Charities responds to community needs through advocacy, direct services and education. Offers emergency assistance and referral.

1. Child Care Resource and Referral (Child Care Connection):
(607) 432-0061 or 1-866-814-1117 (toll-free)
This program works to develop quality, reliable and affordable child care by recruiting, training and providing technical assistance to local child care providers and programs. CCR&R also provides parents with referrals to NYS registered and/or licensed child care providers and tips on choosing an appropriate provider. Sponsor of the Child and Adult Care Food Program (CACFP).

2. Community Maternity Services:
(607) 432-0061 OR (518) 295-6100
An outreach site of Community Maternity Services of Schoharie County serves pregnant and parenting teens in Otsego County. Home visits help to prepare young parents for the challenges of child rearing with information about child development, family budgets, operating a home and balancing work, school and parenting. Court ordered parenting education programs provided.
3. **Dispute Resolution Center of Delaware, Chenango and Otsego Counties:**
   (607) 432-0061; email: ypcjm38@hotmail.com
   Offers a full range of family, custody/visitation, community, peer, employer/employee, landlord/tenant, neighbor/neighbor, and special education mediation and dispute resolution. Includes a Peacemaker curriculum for school.

4. **Otsego County Drug Treatment Court Case Management:**
   (607) 432-0061
   (see Section 7: Legal and Consumer Services: I-4)

5. **Victim’s Impact Panel:** (see Section 7: Legal and Consumer Services: A-3)

**D. Family Resource Network (FRN)**

46 Oneida Street
Oneonta, NY 13820
(607) 432-0001 or 1-800-305-8814
FAX: (607) 432-5516
Email: familyrn@gmail.com
Website: www.familyrn.org

The Family Resource Network, Inc. (FRN) is a parent-run, parent-driven, non profit organization serving families of children with special needs in Otsego, Delaware, Chenango, Broome, Tioga and Tompkins Counties. FRN provides information, support and advocacy services to families who have children with developmental, special health care and mental health needs. In Otsego County, FRN facilitates both an Autism Spectrum Disorder support group as well as the Parent Support Network serving caregivers of children with any type of special need. FRN also offers a Parent to Parent Program, Special Education Advocacy Program, and a Resource Center which includes a library and access to a copier and fax, the internet, and the use of a conference room. FRN is a chapter of Families Together in NYS serving families who have children with emotional, behavioral or social disorders.

**E. Family Service Association of Oneonta, Inc.**

277 Chestnut Street
Oneonta, NY 13820
(607) 432-2870
Hours: Mon. – Wed. (9:30 AM – 12:30 PM, 1:30 – 4:30 PM)
    Thurs. (1:30 - 4:30 PM)
    Fri. by appointment
Website: www.fsaoneontany.org

Private human service agency which provides information, advocacy, and referral services for individuals and families in need. Call for information. No charge.
1. **Clothing Programs**: free used Clothing Room and Oneonta Clothing Guild* *Guild serves Oneonta students only.

2. **Emergency Services Programs** (*Otsego County residents only*): limited funds for necessary medications, transportation, housing search assistance, Back to School Program (school supplies), hygiene/cleaning supplies and furniture recycling.

3. **Parent Resource Center**: information/classes about parenting skills and child/adult development.

4. **Holiday Programs**: Thanksgiving Food Basket Program and Adopt a Family at Christmas.

5. **Training**: Volunteer training opportunities, Parent Group Facilitator and NYS Family Development Credentialing Programs are offered.

F. **LEAF Council on Alcoholism and Addictions** – See Section 1: Counseling, Listening and/or Referral, B-1.

G. **Mobile Crisis Assessment Team (MCAT)**
   (607) 433-2343

   MCAT provides help during a crisis to children and adults in Oneida, Herkimer, Schoharie, Otsego Delaware and Chenango Counties. MCAT seeks to de-escalate a crisis situation, preventing possible harm, keeping the problem outside of the legal system and avoiding hospitalization when appropriate. MCAT has the ability to respond to crisis where they occur. MCAT works with the individual, family and community agencies. Concerns which are causing the person a serious problem in functioning is a reason to call. If this is not a crisis and you are seeking support and information, please call the Warm Line at: 607- 433-0661 or 1- 800- 377-3281 between the hours of 4:30 pm to 10:30 pm.

H. **New York State Child Abuse/Maltreatment Registry**
   NYS Department of Social Services
   40 North Pearl Street
   Albany, NY 12243

   24 hour Hotline: 1-800-342-3720 to report suspected child abuse/neglect. Hotline available 24 hours a day, seven days a week. No charge for call.

I. **New York State Kinship Navigator**
   30 North Clinton Avenue
   Rochester, NY 14604
   Phone: 1-877-4KidInfo (1-877-454-6463)
TTY: New York Relay 711 or 1-800-421-1220
Email: navigator@nysnavigator.org
Website: www.nysnavigator.org
Hours: Monday – Friday: 10 AM – 4 PM (a Kinship Specialist is available to assist you)

This program is operated by Catholic Family Center and is specifically designed to provide information and resources to kinship caregivers (grandparents, aunts/uncles, etc.) across all of New York State. They answer questions and provide information on topics such as legal rights regarding custody and visitation, decision-making authority, access to official records, eligibility for public assistance, foster care, tax credits, childcare and respite.

J. Northeast Parent and Child Society
297 River Street Service Road
Oneonta, NY 13820
(607) 441-5055/ fax (607) 441-5057
http://www.neparentchild.org/

Northeast Parent & Child Society is a Health Care Integration Agency for Bridges to Health (B2H) is an OCFS Medicaid Waiver program that supports the health and well-being of foster children, allowing those with serious emotional disturbances, developmental disabilities, and medical fragility to receive supplementary services not otherwise available. The goal is to prevent institutional placement or hospitalization and reduce the number of children who live in foster care settings. Available Services, completes a comprehensive assessment and develops an individual plan for each child, identifies regional services that allows the child to remain in his/her home community, ensures the implementation and coordination of all services, support and training for successful functioning at home and in the community, planned and crisis respite to provide relief for the child and family, in-home training and support in addressing, avoiding, and reducing crises, 24-hour in-home crisis response and stabilization, development of self-help and adaptive skills, prevocational training and work setting support, assistance in addressing special needs in-home and at school, and adaptive and assistive technology and accessibility modifications for children with disabilities.

K. Opportunities for Otsego, Inc.
3 West Broadway
Oneonta, NY 13820
(607) 433-8000 or 1-800-986-5463
www.ofoinc.org
Building Healthy Families: (607) 433-0444
Knowledgeable, caring paraprofessionals provide assessment, information and support during pregnancy and early childhood to eligible families as they prepare for and adjust to the changes that come with parenting. In-home partnerships with parents are begun during pregnancy and promote healthy births, positive and enjoyable parenting, and healthy child development. Support services are free, confidential, and individualized as participants achieve family wellness and realize goals according to interest and need. Families can enroll up to 3 months post birth and can enjoy visits for 3 to 5 years when their child either enters a Head Start program or until their child enters Kindergarten.

The Children’s Center: (607) 433-8055
Provides drop-in day care for children 6 weeks-12 years of age whose caregivers have business in Family Court. The goal of the program is to protect children from witnessing the complicated issues discussed in the court room and allow parents to focus on addressing their needs. It is a national model that is supported by Head Start, the NYS Judicial Commission and the local Department of Social Services.

Early Head Start: (607) 433-8055
A community-based program for low-income families with infants and toddlers and pregnant women. The program promotes healthy prenatal outcomes, enhances child development, and promotes healthy family functioning. Families involved with Early Head Start are offered services until their child enters Head Start. Eligibility is based on Federal Income Guidelines. There are no fees for participation.

Head Start: (607) 433-8055
A comprehensive preschool program that helps children from low-income families develop the early reading and math skills they need to be successful in school. The program promotes school readiness by enhancing the social and cognitive development of children ages 3 through 5. There are 11 locations throughout Otsego County. Eligibility is based on Federal Income Guidelines.

The Toddler Room: (607) 432-5313
256 River Street
Oneonta, NY 13820

The toddler room is an Early Head Start classroom located at the River Street site that provides developmentally appropriate educational services to children ages 18 months to 3 years. Hours of operation are 8am-2pm, Monday – Friday. This is a free program for low-income families. For more information and to apply, call the River Street site at 432-5313 or Opportunities for Otsego at 433-8000.
Universal Pre-Kindergarten: (607) 433-8273
Offers four year old children access to high-quality pre-kindergarten programs that prepare them for future school success by developing strong foundational skills in early literacy and numeracy.

WIC (Women, Infants, and Children): (607) 433-8071
Provides supplemental food, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five. The program is linked to positive birth outcomes and enhances the overall health of pregnant women, new mothers, and infants. Income eligibility is 185% of Federal Poverty Level.

1. Crisis Intervention and Support Services: (607) 433-8038
   • Emergency Housing Assistance Program: (607) 433-8337
     Hotline: (607) 433-8318, 24 hours/day, 7 days/week
     Provides advocacy and emergency housing for persons who are homeless or on the verge of homelessness. Provides emergency housing, assistance with finding permanent housing and advocacy.

   • Violence Intervention Program: (607) 433-8038
     Hotline: (607) 432-4855, 24 hours/day, 7 days/week.
     Collect calls accepted.
     The Violence Intervention Program provides free and confidential services to victims of sexual assault, rape, date rape, incest, intimate partner violence and family violence or any innocent victim of a crime. Adults and children who have experienced trauma in the form of physical, emotional, psychological or verbal abuse will be provided confidential support and services. Offers: a staffed domestic violence shelter, individual and group counseling, legal advocacy and court accompaniment, crime victim board compensation assistance, domestic violence and sexual assault prevention education for schools and community organizations, and volunteer opportunities. Also offers transitional housing to victims who qualify for these services.

   • Weatherization: (607) 433-0444
     The Weatherization Program is designed to help make your home more energy efficient, warm and safer. Weatherization is available to income eligible homeowners and renters.

   • Assisted Home Performance with ENERGY STAR®: (607) 433-0444
     or fax: 433-0440
Offers Comprehensive Home Assessments to qualified Otsego County homeowners and tenants, as well as a 50% subsidy (up to $5000) for all eligible improvement work, which includes energy efficiency and health and safety measures. Targeted to 60%-80% of the State Median Income households, who do not income qualify for WRAP. Funded by the New York State Energy Research and Development Authority (NYSERDA).

L. Otsego Adopt, Inc.: (315) 858-0304 – (See Section 1: Counseling, Listening and/or Referral – K.)

M. Otsego County Department of Social Services (DSS)

<table>
<thead>
<tr>
<th>Mailing Address</th>
<th>Physical Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Otsego Co. Office Building</td>
<td>The Meadows</td>
</tr>
<tr>
<td>197 Main Street</td>
<td>140 County Highway 33W</td>
</tr>
<tr>
<td>Cooperstown, NY 13326</td>
<td>Cooperstown, NY 13326</td>
</tr>
<tr>
<td>(607) 547-4355</td>
<td>(607) 547-1700</td>
</tr>
<tr>
<td></td>
<td>1-800-422-2512</td>
</tr>
</tbody>
</table>

Regular Hours: Monday – Friday, 9:00 AM – 5:00 PM
Summer hours (July & August only) Monday – Friday, 9:00 – 4:00 PM

The Department of Social Services is the agency which provides basic life support services to all citizens of Otsego County. Provides a wide variety of services which are described briefly here. For more information, call Social Services. No appointment is required to apply for Food Stamps, Temporary Assistance, Safety Net Assistance or Emergency Services. No new clients after 3:00 PM except for crisis or emergencies. You must have an appointment to apply for medical assistance.

Bring the following documentation: Birth certificates for all family members, Social Security numbers for all family members, health insurance card, rent/mortgage receipt, fuel/utility bills, phone bill, marriage certificate or divorce papers, custody papers, disability notice, unemployment book, proof of any income, life insurance, current savings/checking account statement.

DSS consists of two divisions: Services Division and Eligibility Division. The following is a brief summary of what each provides.

Services Division of DSS: (607) 547-4355

1. Child Preventive Services:
   Services offered to prevent disruption of family life and prevent placement of children in foster care. Parent must request the services.
2. **Foster Care:**
   DSS certified and supervised homes for children in need of temporary placement. Court ordered placement.

3. **Adoption:**
   Information and help to surrender children for permanent adoption or to adopt a child.

4. **Children Protective Service (CPS):**
   Investigates suspected child abuse or neglect upon referral from the NYS Child Abuse/Neglect Hotline. CPS insures that children’s needs are met. Provides information to parents, services available to improve the home environment and referrals to services.

5. **Protective Service for Adults:** (607) 547-1700
   Investigates reports of possible abuse/neglect of adults and continue to work with adults who have protective needs.

**Eligibility Division of DSS:** (607) 547-1700 or 1-800-422-2512

1. **Public Assistance:** Financial assistance for basic needs.
   - **Temporary Assistance (TANF)** – Financial assistance for children and families in need. Basic needs met.
   - **Safety Net Assistance** – Financial assistance for single adults or households without children
   - **Emergency Assistance for Adults (EAA)** – Emergency assistance to SSI recipients which cannot be met by the basic SSI monthly check.
   - **Emergency Assistance to Families (EAF)** – Designed to meet the temporary emergency needs of families with dependent children under 21.

2. **Medical Assistance:**

   Medicaid is a medical assistance program for low income individuals and/or families which covers the cost of medical care. Applicants must meet income and asset limits to be eligible. All children 5 and under who are 133% of poverty are eligible. No resource test. Pregnant women and infants up to age 1 are eligible at 185% poverty, no resource test. Call for an application. Request list of required documentation required to qualify. Information and brochure is also available on request. No charge.

3. **Home Energy Assistance Program (HEAP):**

   This program provides one-time benefit paid directly to fuel dealer. Must have vendor relationship for fuel oil, kerosene, electric, gas, wood, coal or rent and heat. Regular benefits program begins when funding is available.
Limited funding. Individuals and families receiving public assistance are automatically eligible and do not need to apply. Food stamp recipients apply via mail to DSS. Applications are automatically mailed to recipients. Also see Otsego County Office (J) for Office of the Aging in this section as alternate certifiers.

4. Food Stamps:
   Provides monthly benefits to buy needed food. See Section 4: Food and Nutrition, #13

5. Medicaid Transportation: 1-800-388-9853. See Section 9: Medical/Dental Services, K-3

6. Employment Unit: See Section 2: Education/Job Skill Development, G-12

7. Child Care:
   Child care available to income eligible working parents or parents attending school or job training full time. Preventive child care is also available for at-risk families. Eligibility determined by income/circumstances. Call for information.

8. Homeless Services:
   Assistance with temporary housing, referrals, assistance to locate housing and household items, security letter/deposit. Personal interview required. Bring documentation.

N. Otsego County Office for the Aging
The Meadows
140 County Highway 33W 403 Chestnut Street
Cooperstown, NY 13326 Oneonta, NY 13820
(607) 547-4232 (607) 432-9041

Offers the following services to senior citizens (age 60 and older): adult day care; caregiver service; homemaker services; real property tax exemption information; entitlement counseling regarding Medicare, Medicaid, Food Stamps, etc.; EPIC elderly pharmaceutical insurance coverage; HEAP (Home Energy Assistance Program); HICAP (Health Insurance Information Counseling Program); legal assistance; Lifeline; news exchange; nutrition services through Gathering Post meal sites and home delivery; ombudsman for residents at long term care facilities to help them understand and exercise their rights; senior employment; tax aid and assistance; transportation; and the 55-Alive safe driving course. Call for information, assistance and eligibility requirements.

O. Parenting Group Meeting Series
Family Service Association of Oneonta, Inc.
277 Chestnut Street
Oneonta, NY 13820
(607) 432-2870
Hours: Monday – Friday, 9:30 AM – 4:30 PM (call first)
Website: www.fsaoneontany.org

Programs designed for parents around personal growth, parenting skills, problem solving and sharing. Films, discussion, and resources are available. No charge.

P. Prevention Information Resource Center (PIRC)
Prevent Child Abuse New York
134 South Swan Street
Albany, NY 12210
1-800-CHILDREN (1-800-445-1273)
(available 24 hour/day, 7 days a week in English & Spanish)
www.preventchildabuseny.org

PIRC is an information and referral service for parents, child care professionals and other citizens who want to prevent child abuse and neglect. It provides information and materials about: child abuse and neglect; new parent and prenatal programs; parent education and support groups; services for parents under stress; services for abused children and adult survivors of abuse; New York’s Child Protective System; and, National information networks.

Q. Religious information

1. Apostolic Fellowship
   420 Cty Hwy 58
   Oneonta, NY 13820
   (607) 433-0462

2. Assembly of God
   1667 Cty Hwy 48
   Oneonta, NY 13820
   (607) 432-4863

3. Baha’i Faith
   (607) 638-9016

4. Bible Baptist Church
   County Hwy 11B
   Mt. Vision, NY 13810
   (607) 432-3676

5. Cherry Valley Assembly of God
   37 Aldean Street
   Cherry Valley, NY 13320
   (607) 234-3306

6. Cherry Valley United Methodist
   82 Main Street
   Cherry Valley, NY 13320
   (607) 264-3087

7. Christ Episcopal Church
   38 Marion Ave.
   Gilbertsville, NY 13776
   (607) 783-2267

8. Christ Church of Cooperstown
   46 River Street
   Cooperstown, NY 13326
   (607) 547-9555
<table>
<thead>
<tr>
<th></th>
<th>Church Name</th>
<th>Address</th>
<th>City, State, Zip</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>Christian Church</td>
<td>3650 State Hwy 205 Hartwick, NY 13348</td>
<td>(607) 293-7548</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Christian Church of South Valley</td>
<td>1153 St. Hwy 165 Cherry Valley, NY 13320</td>
<td>(607) 264-3035</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Church of Christ Uniting</td>
<td>22 Church St. Richfield Springs, NY</td>
<td>(315) 858-1553</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Church of the Holy Spirit</td>
<td>Arch St. PO Box 354 Schenevus, NY 12155</td>
<td>(607) 432-6835</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Church of Jesus Christ</td>
<td>Latter Day Saints Balmoral Rd. West Oneonta, NY 13861</td>
<td>(607) 432-8195</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Community Bible Chapel</td>
<td>577 Greenough Rd Cooperstown, NY 13326</td>
<td>(607) 547-9764</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Community Gospel Church</td>
<td>12 Grove St. (Near 125 Main St.) Oneonta, NY 13820</td>
<td>(607) 432-3075 Office - (2031)</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Congregation Philadelphia</td>
<td>2580 County Hwy 11 Hartwick, NY 13348</td>
<td>(607) 293-6189</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Cooperstown Assembly of God</td>
<td>Corner of Route 80W &amp; 28N PO Box 550 Cooperstown, NY 13326</td>
<td>(607) 547-2833</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Cooperstown Church of Christ</td>
<td>52 Linden Ave Cooperstown, NY 13326</td>
<td>(607) 547-1020 or 286-7410</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Cooperstown United Methodist</td>
<td>66 Chestnut St. Cooperstown, NY 13326</td>
<td>(607) 547-9540</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>East Worcester United Methodist</td>
<td>South Hill Rd East Worcester, NY 12064</td>
<td>(607) 397-9431</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Elm Park United Methodist</td>
<td>401 Chestnut St. Oneonta, NY 13820</td>
<td>(607) 432-6552</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Evangelical Lutheran Church</td>
<td>4636 State Hwy 28 Hartwick Seminary, NY 13349</td>
<td>(607) 547-9613</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Faith Baptist of Cooperstown</td>
<td>4900 State Hwy 28 Cooperstown, NY 13326</td>
<td>(607) 547-5067</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>First Baptist Church</td>
<td>50 S. Broad St. Morris, NY 13808</td>
<td>(607) 263-2575</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>First Baptist of Burlington Flats</td>
<td>101 Arnold Road</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>First Baptist of Cooperstown</td>
<td>19 Elm St.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
27. First Baptist of Oneonta  
71 Chestnut St.  
Oneonta, NY 13820  
(607) 432-2432

28. First Christian Church  
704 County Hwy 6  
Otego, NY  
(607) 988-7144

29. First Church of Christian Science  
61 Chestnut St.  
Oneonta, NY 13820  
(607) 432-8759

30. First Presbyterian - Cherry Valley  
56 Alden St.  
PO Box 235  
Cherry Valley, NY 13320  
(607) 264-8336

31. First Presbyterian - Cooperstown  
25 Church St.  
Cooperstown, NY  
(607) 547-8401  
www.cooperstownpresbyterianchurch.org

32. First Presbyterian Gilbertsville  
Marion Ave.  
PO Box 341  
Gilbertsville, NY  
(607) 783-2867

33. First Presbyterian - Oneonta  
296 Main Street  
Oneonta, NY 13820  
(607) 432-4286

34. First Presbyterian – Springfield  
5446 St. Hwy. 20  
East Springfield, NY 13333  
(607) 264-3111

35. First Presbyterian - Worcester  
148 Main Street  
Worcester, NY 12197  
(607) 397-9260

36. First United Methodist  
66 Chestnut St.  
Oneonta, NY 13820  
(607) 432-4102

37. First United Presbyterian  
381 Main St. (& corner of Walling)  
Oneonta, NY 13820  
(607) 432-7520

38. Fly Creek United Methodist  
852 County Hwy 26  
PO Box 128  
Fly Creek, NY 13337  
(607) 547-9946

39. Gilbertsville Baptist Church  
PO Box 216  
Gilbertsville, NY 13776  
(607) 783-2993

40. Grace Episcopal Church  
32 Montgomery Street  
Cherry Valley, NY 13320  
(607) 264-8303

41. Hartwick Christian Church  
PO Box 65 - North Street  
Hartwick, NY 13348  
(607) 293-6025

42. Hartwick United Methodist  
3080 Co Rd. 11  
Hartwick, NY 13348  
607-432-0397
43. Holy Cross Church  
43 West Main St.  
Morris, NY 13808  
(607) 263-5143

44. Hope Presbyterian Church  
(Meets at Community Christian School)  
158 River St.  
Oneonta, NY 13820  
(607) 829-6610 or 432-0383

45. Kingdom Hall-Jehovah’s Witness  
7396 State Hwy 28  
Burlington Flats, NY 13315  
(315) 858-0067

46. Kingdom Hall-Jehovah’s Witness  
2985 State Hwy 23  
Oneonta, NY 13820  
(607) 432-4414

47. Laurens Presbyterian Church  
3 Main Street  
Laurens, NY 13796  
(607) 432-3738

48. Living Water Faith Fellowship  
7 Lewis Street  
Oneonta, NY 13820  
(607) 433-2234

49. Lutheran Church  
1 Center St. (corner of West St.)  
Oneonta, NY 13820  
(607) 432-6852

50. Main Street Baptist Church  
333 Main St.  
Oneonta, NY 13820  
(607) 432-5712  
www.msbchurch.org

51. Maryland Baptist Church  
7575 State Hwy 7  
PO Box 46  
Maryland, NY 12116  
(607) 638-5452

52. Milford Center Community Bible  
2582 State Hwy 28  
Oneonta, NY 13820  
(607) 432-2973  
http://mccbcchurch.org/

53. Milford United Methodist  
86 North Main St.  
Milford, NY 13807

54. Old Stone Church 1st Universalist  
Schuyler Lake, NY 13457  
(315) 858-2253

55. Mount Vision United Methodist Church  
PO Box 576, 2342 State Hwy. 205  
Mount Vision, NY 13810-0576  
607-432-0397  
https://sites.google.com/site/mtvisionumc/

56. Oneonta Assembly of God  
1667 County Hwy 48  
Oneonta, NY 13820  
(607) 432-4863  
http://www.oneontaag.com/

57. Orthodox Church in America  
Holy Myrrhbearers Monastery  
144 Bert Washburn Rd.  
Otego, NY 13825  
(607) 432-3179

58. Otego Baptist Church  
101 Main Street  
Otego, NY 13825  
(607) 988-6373 or 369-7425
59. Otego United Methodist Church  
8 Church St.  
PO Box 288  
Otego, NY 13825  
(607) 988-2866

60. Otego Presbyterian Church  
16 River Street  
Otego, NY 13825  
(607) 988-2861

61. Pilgrim Holiness Church  
83 Main St.  
East Worcester, NY 12064  
(607) 397-8973

62. Portlandville United Methodist  
2582 St. Hwy. 28  
Portlandville, NY 13834  
(607) 286-7762

63. Rangjung Yeshe Gomde  
Tibetan Meditation Center (Buddhist)  
412 Glimmerglen Road  
Cooperstown, NY 13326  
(607) 547-5051

64. Religious Society of Friends  
PO Box 238  
Fly Creek, NY 13337  
(607) 547-5450

65. Richfield Springs Bible Church  
17 Church St.  
Richfield Springs, NY 13439  
(315) 858-2989

66. River Street Baptist Church  
133 River St.  
Oneonta, NY 13820  
(607) 432-8285

67. St. James Episcopal Church  
305 Main St. (corner of Elm)  
Oneonta, NY 13820  
(607) 432-1458  
[www.st-james-oneonta.org](http://www.st-james-oneonta.org/)

68. St. John’s Episcopal Church  
98 Main St.  
Richfield Springs, NY 13439  
(315) 858-1121  
[http://stjohnsrichfield.org/](http://stjohnsrichfield.org/)

69. St. John Lutheran Church  
2546 State Hwy 80  
West Burlington, NY 13482  
(607) 965-6643

70. St. Joseph’s Catholic Church  
181 Main St.  
Worcester, NY 12197  
(607) 397-9373

71. St. Joseph’s Roman Catholic  
35 Canadarago St.  
Richfield Springs, NY 13439  
(315) 858-1682  
[www.rcda.org/churches/stjosephtheworker/](http://www.rcda.org/churches/stjosephtheworker/)

72. St. Mary’s Roman Catholic  
31 Elm St.  
Cooperstown, NY 13326  
(607) 547-2213

73. St. Mary’s Roman Catholic  
39 Walnut St.  
Oneonta, NY 13820

74. St. Matthew’s Lutheran  
125 Main St.  
Laurens, NY 13796
75. St. Matthew’s Episcopal Church
   240 Main St.
   PO Box 537
   Unadilla, NY 13849
   (607) 369-3081
   http://www.stmarysoneonta.org/

76. St. Thomas Catholic Church
   1 Church St.
   Cherry Valley, NY 13320
   (607) 264-3779
   http://turnpikecatholics.com/

77. St. Timothy’s Episcopal
   1776 County Hwy 34
   PO Box 74
   Westford, NY 13488
   (607) 638-9019

78. Salvation Army
   25 River St.
   Oneonta, NY 13820
   (607) 432-5960

79. Schenevus Baptist Church
   15 Monitor St.
   Schenevus, NY 12155
   (607) 638-5866
   www.fbcshenevus.com

80. Schuyler Lake Methodist
    Church St.
    Schuyler Lake, NY 13457
    (607) 547-9946

81. Second Baptist Church
    7 North St.
    Edmeston, NY 13335
    (607) 965-8540

82. Second Baptist Church
    62 Main St.
    PO Box 373
    Worcester, NY 12197
    (607) 397-8353

83. Seventh Day Adventist
    634 State Hwy 205
    Oneonta, NY 13820
    (607) 432-8354
    www.oneonta22.adventistchurchconnect.org/

84. South Edmeston Community
    4259 County Hwy 18
    South Edmeston, NY 13411
    (607) 847-6220

85. Southside Wesleyan Church
    5300 State Hwy 23
    Oneonta, NY 13820
    (607) 432-1083

86. Spirit & Truth Christian Assembly
    2886 County Hwy 8
    PO Box 122
    West Oneonta, NY 13825
    (607) 433-0129
    http://spiritandtruthonline.com/

87. Susquehanna Valley Baptist
    1796 County Hwy 48
    Oneonta, NY 13820
    (607) 432-8523
    www.svibc.org

88. Temple Beth El
    83 Chestnut St.
    Oneonta, NY 13820
    (607) 432-5522
    www.templebetheloneonta.org
<table>
<thead>
<tr>
<th>No.</th>
<th>Church Name</th>
<th>Address Details</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>89.</td>
<td>The Three Treasurers Zen Center</td>
<td>14 Wayman Dr. Otego, NY 13825</td>
<td>(607) 988-7966</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>[website]</td>
</tr>
<tr>
<td>90.</td>
<td>Trinity Christian Reformed Church</td>
<td>168 Main St. Richfield Springs, NY 13439</td>
<td>(315) 858-2448</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>91.</td>
<td>Unadilla Baptist Church</td>
<td>16 Watson St. Unadilla, NY 13849</td>
<td>(607) 369-7425</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>92.</td>
<td>Unadilla United Methodist Church</td>
<td>172 Main St. Unadilla, NY 13849</td>
<td>(607) 369-2052</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>[website]</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>[website]</td>
</tr>
<tr>
<td>94.</td>
<td>United Methodist Church</td>
<td>3 North St. Edmeston, NY 13335</td>
<td>(607) 965-8046</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>95.</td>
<td>United Methodist Church</td>
<td>13 Church St. Morris, NY 13808</td>
<td>(607) 263-5162</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>96.</td>
<td>United Methodist Church</td>
<td>3229 State Hwy 166 Roseboom, NY 13450</td>
<td>(607) 264-3971</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>97.</td>
<td>United Methodist Church</td>
<td>111 Main St. Worcester, NY 12197</td>
<td>(607) 397-9340</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>98.</td>
<td>United Methodist Church</td>
<td>70 Main St. Schenevus, NY 12155</td>
<td>(607) 638-5867</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>99.</td>
<td>West End Community Baptist Church</td>
<td>128 Winney Hill Rd. Oneonta, NY 13820</td>
<td>(607) 432-1294</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>[website]</td>
</tr>
<tr>
<td>100.</td>
<td>West Exeter United Methodist Church</td>
<td>759 Gardner Rd. Burlington Flats, NY 13315</td>
<td>(607) 965-8046</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>101.</td>
<td>West Oneonta Baptist Church</td>
<td>2845 County Hwy 8 West Oneonta, NY 13861</td>
<td>(607) 432-2290</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>102.</td>
<td>Westville United Methodist Church</td>
<td>2706 County Hwy 35 PO Box 274 Schenevus, NY 12155</td>
<td>(607) 433-1450</td>
</tr>
</tbody>
</table>
103. Word of Faith Fellowship  
6568 State Hwy 7  
Maryland, NY 12116  
(607) 432-4287  
www.wofcfc.org

104. Zion Episcopal Church  
158 Main St.  
Morris, NY 13808  
(607) 263-5927  
www.zionparish.org

R. Veteran’s Affairs

Veterans Service Agency-Otsego  
Mailing Address  
197 Main Street  
Cooperstown, NY 13326  
(607) 547-4224  
www.otsegocounty.com/depts/vets/

Veterans Service Agency- NYS  
242 Main Street  
Oneonta, NY 13820  
(607) 432-4190  
www.veterans.ny.gov/

Physical address:
140 County 33W  
Cooperstown, NY  
Hours: Mon. – Fri. 9am – 2pm

Information on benefits and help with problems. Available to all veterans, their dependents or survivors. No charge.

S. CNY Veteran’s Outreach Center  
726 Washington Street  
Utica, NY 13502  
315-765-0975  
Hours: Thur 10am-2pm (or by appointment)  
http://cnyvoc.org/

Emergency housing, housing placement, and employment services for veterans and their families. Food pantry items, clothing, and furniture available upon request. Appointments available at Opportunities for Otsego, 3 West Broadway, Oneonta, NY 13820.

Suicide Prevention:  
National Suicide Prevention Hotline:  
1-800-273-TALK (8255)
SECTION 6: HOUSING

A. City of Oneonta Code Enforcement
City Hall
258 Main Street
Oneonta, NY 13820
(607) 433-3435 or City Clerk at 432-6450
Hours: Monday – Friday, 8:00 AM – 4:00 PM
EMAIL: codeenforcement@oneonta.ny.us
www.oneonta.ny.us/sidebar-nav/code-enforcement/

Enforcement of all fire and safety codes for rental housing in the City Of Oneonta. Call from tenants WELCOME. Confidentiality of informer protected. Codes enforcement takes an aggressive position through enforcement. Renters do not lose housing – a preventative approach. Also inspects day care houses for safety. Call to schedule a visit.

B. City of Oneonta Housing Authority
2 Mitchell Street (Nader Towers – off River Street)
Oneonta, NY 13820
(607) 432-0170
Hours: Monday – Friday, 8:00 AM – 4:00 PM

Provides information and applications for rental assistance for seniors and low income family housing in the City of Oneonta. You must file an application. Verification required. WAITING LIST, but openings in some categories. Also, sign up for Lettis Apartments. Regular inspections of the apartments. Pre-payment of first month’s rent plus security deposit required. Bring: proof of income; proof of previous rent payment; and, references from former landlord. Verification of information is done by the Housing Authority staff. Fair hearing procedure available if family is turned down.

C. Habitat for Humanity of Otsego County
Suite 284
291 Chestnut St.
Oneonta, NY 13820
(607) 432-7874
Email: HabitatOtsego@gmail.com
www.habitatotsego.org

This non-profit organization builds and renovates decent affordable housing using volunteer labor and tax-deductible materials. Selected homeowners-to-be contribute “sweat equity”, and the homes are sold to partnering families at no profit, financed with affordable, no-interest loans.
D. **Oneonta Single-Room Occupancy**  
Catholic Charites Housing Office  
Office: 52 Maple Street, Oneonta  
607-436-92520  
[www.cchoalbany.org](http://www.cchoalbany.org)

The SRO provides housing for single low income adults with case management services available. There are 27 units of affordable, shared housing for low-income, single adults in need of stable, safe and affordable supported housing. The SRO’s priority is to assist with homelessness or in preventing homelessness for at risk individuals who are low income and may be underemployed, marginalized and/or disabled or may be experiencing difficulties for a variety of reasons and would benefit from a supported living environment. The SRO is an applied for program- we are unable to assist with emergency housing as we maintain a waiting list. Please call or visit Maple Street for an application, applications are also available at Catholic Charities of Delaware, Otsego & Schoharie Counties at 176 Main Street, Oneonta, or by contacting the website at [www.cchoalbany.org](http://www.cchoalbany.org) and downloading the application and dropping it off or mailing it to Oneonta SRO Housing Office, 52 Maple Street, #13, Oneonta 13820.

E. **Oneonta Water Treatment Facility**  
110 East Street  
Oneonta, NY 13820  
(607) 433-3470 or 433-3486 (Laboratory directly)

Tests drinking water for harmful bacteria. Drinking water test is $35/sample. Pick up lab bottle and instructions from the water treatment plant. Call for further information.

F. **Opportunities for Otsego, Inc** – See Section 5: Crisis Information – Family Support Services – Safety Net Agencies, #11 c and d for the following:
   1. **Emergency Housing Assistance Program**: (607) 433-8337 (office); 433-8318 (hotline)
   2. **Weatherization**: (607) 433-8000
   3. **Assisted Home Performance with Energy Star®**: (607) 433-8000
   4. **FIRST-TIME Home Buyer’s Program**: (607) 433-800  
Financial assistance and support to low-income families to purchase and make repairs to their first home. Applicants must be seeking to purchase a home within The City of Oneonta and be able to qualify for and secure a mortgage.

G. **Otsego County Code Enforcement**  
140 County Highway 33W, Suite 2  
Cooperstown, NY 13326  
(607) 547-4320  
Hours: Monday – Friday, 9 AM – 5 PM (until 4:00PM in July-August)
Provides fire and safety inspections for rentals and other buildings; issues building permits; issues certificates of occupancy; orders removal and cleanup of garbage, refuse, junk vehicle parts; ANSWERS HOUSING COMPLAINTS; and, does home inspections for day care and adult homes. Call or stop in.

G. **Otsego County Department of Social Services**  
The Meadows Complex *(for Income Maintenance services)*  
140 County Highway 33W  
Cooperstown, NY 13326  
(607) 547-1700, 1-800-422-2512  
Hours: Monday – Friday, 9:00 AM – 5:00 PM (except summer)  
Monday – Friday, 9:00 – 4:00 PM (July-August)

Assistance with temporary housing, referrals, assistance to locate housing and household items, security letter/deposit. Personal interview required. Bring documentation. See Section 5-M for more information.

H. **Otsego Rural Housing Assistance, Inc. (ORHA)**  
Hours: Monday – Friday, 9:00 AM – 4:00 PM  
Offers a variety of services related to housing for low income families and individuals. No charge.

1. **Rent Assistance Program**  
The Meadows  
140 Co. Hwy. 33 W, Suite 4  
Cooperstown, NY 13326  
(607) 547-8839  
Rent assistance for low-income renters.

2. **Otsego Rural Assistance, Inc.**  
Milford Commons  
50 West Main Street  
PO Box 189  
Milford, NY 13807  
(607) 286-7244

   Programs offered at this site are: Modifications for Handicap Accessibility and Independent Living; Emergency Housing Repairs for Seniors; Mortgage Counseling; and Home-buyer Assistance Program.

I. **RSS Housing Support Group**  
35 Main St.  
Oneonta, NY 13820  
Every Tuesday of each month  
1:00-2:00pm
Contact Mtn. View Social Wellness Club 1-80-377-3281

J. **CNY Veteran's Outreach Center**
726 Washington Street
Utica, NY 13502
315-765-0975
Hours: Thur 10am-2pm (or by appointment)
http://cnyvoc.org/

Emergency housing, housing placement, and employment services for veterans and their families. Food pantry items, clothing, and furniture available upon request. Appointments available at Opportunities for Otsego, 3 West Broadway, Oneonta, NY 13820.

K. **USDA, Rural Development (for Otsego County)**
Schoharie Service Center
Teresa Scutt, Area Specialist
101 Holiday Way
Schoharie, NY 12157
(518) 295-8600 ext 4
http://www.rurdev.usda.gov/NYHome.html

Oneonta-
8 Dietz Street
Oneonta, NY 13820
(607) 334-3814

1. **502 Housing Program** - Subsidized-interest mortgage loans are available to low and very-low income persons to purchase adequate housing in rural areas. A Pre-Qualification Worksheet (Pre-Qual) is used to determine financing feasibility. Prospective housing must meet or be brought up to Rural Development’s requirements. Improvement costs and closing fees can be included in the loan. No down payment is required. Call for additional information and to obtain a Pre-Qual.

2. **504 Repair and Rehab Program** – A 1% Rural Development (RD) loan is possible for very low-income households who own and live in the house which is located in a rural area. RD can finance essential repairs for correcting safety and health items for a maximum of 20 years. A Grant may be possible for applicants who are 62 or older, have a very low income, own or live in the house needing repairs and lack repayment ability for the 1% loan.
SECTION 7: LEGAL AND CONSUMER SERVICES

A. Catholic Charities
176 Main Street
Oneonta, NY 13820
(607) 432-0061
Website: www.charitiesccdo.org
Hours: Mon. – Fri., 8:30 AM – 4:30 PM.
Evening and weekend hours by appointment.

1. Otsego County Drug Treatment Court Case Management– Case management services are provided to participants of the Adult Otsego County Drug Treatment Court. Individuals who meet certain guidelines are eligible for case management services. These services are highly individualized for each participant and will increase individual’s accessibility to services needed and will provide additional support to maintain a clean and sober lifestyle. (Also see I-4 in this section under Otsego County Treatment Courts)

2. Dispute Resolution Center of Delaware, Chenango and Otsego Counties
The local center for dispute settlement: provides mediation services to residents of Otsego County to assist in resolving community conflict and personal disputes outside the courts. Conducts conflict management workshops. Volunteer mediator initial training and in-services available.

3. Victim Impact Panels - a national program meeting court ordered requirements for people who have committed crimes involving driving under the influence of drugs or alcohol to demonstrate the impact of these crimes on the community and to reduce recidivism. Along with providing important information relating to the effects of drug and alcohol consumption, participants who attend a Victim Impact Panel will hear the stories of real victims of drunk driving. Participants must register prior to the panel. There is a fee for this service which must be paid upon arrival for the program.

4. Alternatives to Incarceration - program offers eligible individuals who have been charged with crimes and violations in certain categories the opportunity to complete community service assignments in lieu of spending time incarcerated. This alternative sentencing program provides an opportunity for people to make restitution to the community for their crimes and violations.

B. Cornell Cooperative Extension of Schoharie and Otsego Counties
123 Lake Street 31 Maple Street
Cooperstown, NY 13326 Oneonta, NY 13820
(607) 547-2536 (607) 433-2521
(607) 547-5180 (FAX) (607) 436-9682 (FAX)
Email: otsego@cornell.edu
Website: www.cce.cornell.edu/otsego

Educational research-based resources on consumer issues including, but not limited to, food and nutrition, youth development, budgeting and safety. (See relevant sections on Education/Job Skill Development, Food and Nutrition Services, and Youth Programs.)

C. Legal Aid Society, Inc.
168 Water Street, 2nd Floor 189 Main Street
Binghamton, NY 13901 Oneonta, New York 13820
Phone: (607) 231-5900 Phone: (607) 821-9895
Toll Free: 1-800-821-9895 Fax: (607) 433-1433
FAX: (607) 724-7211 By appointment only

1. Legal services - Legal services are provided for families and individuals who are eligible. Lawyers and paralegal aides available. Entitlement problems, advocacy consumer problems and creditors. Federal guidelines poverty level. Call for information, appointment necessary. Must be income eligible. All Office for Aging clients eligible.

2. Legal Aid for Victims of Domestic Violence, Sexual Assault and Stalking
(607) 433-2600 or 1-800-821-9895 Help Line: 1-877-777-6152
Provides free civil (non-criminal) legal services to victims of domestic violence, sexual assault and stalking. Clients generally must have low income and low resources, exceptions are made in some cases. Some of the legal services available include orders of protection, divorces, separations, child custody and child support. Also, assistance is available for other legal problems that keep victims from becoming independent from their abusers, such as problems with finances, housing, public benefits, access to healthcare, immigration and other legal problems.

D. New York State Bar Association
1-800-342-3661
Website: www.nysba.org

The NYS Bar Association can help you find a lawyer in your area, provides guidelines for deciding when and how to hire a lawyer, and has information on how to get legal help if you can’t afford it.

E. New York State Division of Human Rights
State Office Building Agency Bldg 1, 2nd floor
44 Hawley Street, Room 603 empire State Plaza
Binghamton, NY 13901 Albany, NY 12223
(607) 721-8467 or 888-392-3644 (518) 474-2705 (or 2707)
email - InfoBinghamton@dhr.ny.gov InfoAlbany@dhr.ny.gov
website - www.dhr.ny.gov

Investigates complaints of discrimination because of sex, race, religion, color and/or ethnic origin in employment, credit, housing or public accommodation. Call for more information.

F. **Oneonta, City Code Enforcement** – See Section 6: Housing - A.

G. **Opportunities for Otsego, Inc.**
3 West Broadway
Oneonta, NY 13820
(607) 433-8000 or 1-800-986-5463
www.ofoinc.org

See Section 5: Crisis Information/Family Support Services/Safety Net Agencies, K-1 for the following programs:
1. Emergency Housing Assistance Program: (607) 433-8318 (Hotline)
2. Violence Intervention Program (VIP): (607)432-4855 (Hotline–collect calls ok)

H. **Otsego County Code Enforcement** – See Section 6: Housing - G.

I. **Otsego County Courts**

1. Family Court
   197 Main Street
   Cooperstown, NY 13326
   (607) 547-4264
   Hours: Monday – Friday, 9:00 AM – 5:00 PM

   Family Court has original jurisdiction for all cases involving: abuse/neglect of children; child care; support of children; paternity and support of children born out of wedlock; termination of custody; juvenile delinquency or whether a person is in need of supervision (PINS); family offences; orders of protection; adoption proceedings; status review of foster children; support; and, custody. Call if you have questions related to any of the topics above. No charge.

2. Probation Department
   197 Main Street
   Cooperstown, NY 13326
   (607) 547-4216
   Hours: Monday – Friday, 9:00 AM – 5:00 PM (9:00AM – 4:00PM July & August)
Provides intake, investigation and supervisory services for Otsego County Courts. Screening of cases not requiring judicial action, initial casework services and referral.

**Investigation**— preparation of pre-sentence reports concerning defendants. Family Court investigations encompass the individual’s background from birth to present court appearance. Handles custody, visitation, abuse/neglect and adoption investigations ordered by Family Court.

**Supervision** — rehabilitative services to individuals placed on probation in Otsego County

**Payment** — of restitution ordered by courts.

**PINS (Persons in Need of Supervision)** — assist parents and schools in obtaining services for ungovernable children who are under age 18. These services are referred. You may refer yourself or be referred by an official. Call for appointment. No charge.

3. **Surrogate Court**
   197 Main Street
   Cooperstown, NY 13326
   (607) 547-4338
   Hours: Monday – Friday, 9:00 AM – 5:00 PM

   Processes and records all petitions (administration of estates, adoptions, etc.). Holds genealogical records. Minimal charge for copies. No charge for information.

4. **Otsego County Treatment Court**
   Otsego County Treatment Court Coordinator’s Office
   197 Main Street
   Cooperstown, NY 13326
   (607) 547-7510 or 1-866-571-9075

   For more information on the Treatment Courts, or to make a referral, call the Treatment Court Coordinator, Leo Giovagnoli at (607) 547-4375.

The purpose of the Otsego County Treatment Court is to address the underlying reason for an individual’s involvement with the court system: his/her chemical dependence. In Otsego County, the program provides comprehensive and integrated services to address the multifaceted needs of chemically dependent individuals/families. Criminal Treatment Court case management services provided through - Catholic Charities Case Management Services: 176 Main Street, Oneonta, NY 13820
   (607) 432-0061
5. **Otsego County Department of Social Services (DSS) – Fair Hearing Procedures**

Everyone who requests services from the Department of Social Services (Medicaid, Food Stamps, Public Assistance, etc.) has the right to request a Fair Hearing on any case decision. Read over your DSS notices carefully or ask an advocate to read it over with you. The Otsego County Department of Social Services would usually prefer to set up a conference with you about your concerns/issues/request and why it was denied or a change was made. At the conference, a representative from DSS will explain why the denial was made. If you still believe the denial is not justified, call 1-800-342-3334 (TTD - 1 (877) 502-6155) or go online at [http://www.otda.state.ny.us/oah/forms.asp](http://www.otda.state.ny.us/oah/forms.asp) to request a hearing. Then, send a letter to the Albany address below telling them about your phone call and your request for a Fair Hearing. Ask to have your financial aid and services continued. (You have a right to request that services continue, however, if you lose the fair hearing, you will have to pay back any benefits you received and were not entitled to receive.) KEEP A COPY OF THE LETTER AND ANY OTHER INFORMATION RELATED TO THE SITUATION.

Send your letter to:
New York State Office of Temporary and Disability Assistance
Office of Administrative Hearings
PO Box 1930
Albany, NY 12201

In order to continue services while waiting for the Fair Hearing, you must make your Fair Hearing request before the EFFECTIVE DATE – the day the change in services is to take place. You may request the chance to review your case record. This can be done before and at the hearing. Let the eligibility worker have the request for your case record in writing immediately.

If you go for a Fair Hearing, the final decision would be made by a Fair Hearing representative from Albany following the actual Fair Hearing meeting. You have the right to ask for an advocate to be present with you at the hearing or at any conference you have at Social Services. Also, request the written summary of the decision and why it was determined by law/regulation.
J. Veterans Service Agency, Otsego County – see Section 5 Crisis Information / Family Support – R.

**Law Help online information and resources:**
http://www.lawhelpny.org/
SECTION 8: SERVICES FOR CHILDREN & ADULTS WITH SPECIAL NEEDS

A. Access Pass
State Parks
Albany, NY 12238
(518) 474-2324
Website: www.nysparks.com/admission/access-pass/

An Access Pass permits a resident of New York State with a permanent disability free use of parks, historic sites and recreational facilities operated by the NYS Office of Parks, Recreation and Historic Preservation and the NYS Department of Environmental Conservation. For more information or an application for the Access Pass, contact the NYS Office of Parks, Recreation and Historic Preservation at the above number.

B. Association for Vision Rehabilitation and Employment, Inc.
174 Court Street
Binghamton, NY 13901
(607) 724-2428
FAX: (607) 771-8045
Website: www.avreus.org

A private, non-profit organization that serves people with vision problems in the Twin Tier region, including Otsego County, offers technology, counseling and visual rehabilitation.

C. The Arc Otsego
35 Academy Street (physical address)
PO Box 490 (mailing address)
Oneonta, NY 13820
(607) 432-8595
FAX: (607) 433-8430
Website: www.arcotsego.org
Hours of Administrative Offices: Monday – Friday, 8 AM – 4 PM

The Arc Otsego is a private, not-for-profit organization offering comprehensive, community-based services, support and programs to individuals with intellectual and other developmental disabilities and their families throughout Otsego County. Services include: in-home respite and rehabilitation support; day programs; sheltered employment at the Vocational Training Center; residential living options; clinical services; service coordination; adaptive technology and environmental modifications through the home and community based waiver; and guardianship services. Eligibility is based on a diagnosis of an intellectual and/or developmental disability.
D. **BOCES (Board of Cooperative Educational Services)**

1. **BOCES SESIS (Special Education School Improvement Support)** provides targeted support and technical assistance to school districts based on an identified district need. Specific needs have been determined based on data collected by NYSED related to educational programs and academic performance of students with disabilities within each district. SESIS works collaboratively with local school administrators and teachers to assess their staff development needs and develops and/or aligns programs to meet the needs of students with disabilities. The focus of SESIS is to provide technical assistance that will result in system wide school improvement.

   Herkimer-Fulton-Hamilton-Otsego BOCES SESIS
   352 Gros Blvd.
   Herkimer, NY 13350-1499
   Phone: (315) 867-2000
   FAX: (315) 867-2087

   Otsego – Northern Catskill BOCES SESIS
   Phone: (607) 286-3337
   FAX: (607) 652-1264

2. **BOCES District Offices**

   Delaware-Chenango-Madison-Otsego BOCES
   Chenango Campus                    Robert W. Harrold Campus
   6678 County Road 32               270 BOCES Drive
   Norwich, NY 13815                 Sidney Center, NY 13839
   (607) 335-1200                     (607) 865-2500
   Website: [www.dcmoboces.org](http://www.dcmoboces.org)
   Hours: Monday – Friday, 8:00 AM – 4:30 PM

   Provides information and referral for students with special needs.

   Programs for birth – 21 years old including home based, center based and classrooms. Multidisciplinary evaluations for pre-schoolers. Eligibility determined by diagnostic requirements. Birth – 3 year olds: parent may refer, funded through Health Department. Three to 5 year olds: center based pre-school for children with severe disabilities. Referral through Committee on Preschool Special Education (CPSE) of home school district. School age children served through Committee on Special Education (CSE) referral. Itinerant related services for school age. Referral through CSE. Centers in Norwich and Sidney Center for school age children with disabilities. Mainstreamed settings available. No charge.
Herkimer BOCES
352 Gros Boulevard
Herkimer, NY 13350
(315) 867-2000
Website: www.herkimer-boces.org

Referrals, resources and advocacy for infants and children with disabilities, and their families. Child must have diagnosed disability to be eligible. Birth – three, infant stimulation, home based program funded through Department of Health and Herkimer County. Early childhood special education program for three and four year olds. Referral by CPSE (Committee on Preschool Special Education) of local school district. Developmental readiness program for school aged children. Referral by CSE (Committee on Special Education). No charge. Serves school age population, also. A special Program provides educational outreach to migrant children and their families in a 13 county area.

Otsego – Northern Catskill BOCES
District Office
2020 Jump Brook Road
Grand Gorge, NY 12434
(607) 588-6291
Website: www.oncboces.org

Northern Catskill Occupational Center
2020 Jump Brook Road
Grand Gorge, NY 12434
(607) 588 – 6291

Otsego Area Occupational Cntr.
1914 Co. Hwy. 35 (PO Box 57)
Milford, NY 13807
(607) 286 - 7715

The Otsego Northern Catskill BOCES Innovative Programs Department provides special education and itinerant services to school districts to augment their locally operated programs. Comprehensive programs are provided for exceptional children within integrated schools and community settings. Itinerant teachers are provided for academics, arts, student population not sufficient to justify a full-time position.

E. Brain Injury Association of New York State
10 Colvin Avenue
Albany, NY 12206
(518) 459-7911
Family Help Line: 1-800-228-8201
Website: www.bianys.org

Provides education, advocacy and community support services that lead to improved outcomes for children and adults with brain injuries. Offers toll-free Family Help Line, video library and regional support groups. Advocates for
appropriate public policies. Family Advocacy Counseling and Training Services Program (FACTS) Otsego County FACTS Coordinator - Cuca Roberts CBIS (607) 432-6364

F. Broome Developmental Services
229 State Street #3
Binghamton, NY 13905
(607) 771-7210
Website: www.opwdd.ny.gov/

Broome Developmental Services is a unit of the NYS Office of Mental Retardation and Developmental Disabilities. Serves individuals with mental retardation or developmental disabilities from six years up. Call for more information.

a. High Risk Births Clinic
305 Main Street – 2nd floor
Binghamton, NY 13905
(607) 729-1295
Hours: Monday – Friday, 8 AM – 4:30 PM or by arrangement.

Services for newborns through age 12. Developmental clinic for prevention of disabilities, diagnosis, evaluation and early intervention. Parent self-referral or agency referral. Medicaid, third party payment, sliding scale fee or no charge – depending on circumstances. Some off-site services by arrangement.

b. Otsego Regional Center
28 Hill Street
Oneonta, NY 13820
(607) 432-8860

Provides comprehensive services for people with developmental disabilities and their families. Evaluations, treatments, vocational training, child care services, recreational/social programs and respite services available. No charge.

G. Dispute Resolution Center of Delaware, Chenango and Otsego Counties
Catholic Charities
176 Main Street
Oneonta, NY 13820
(607) 432-0061 (Dial 0 for the Operator.)

Offers special education mediation and dispute resolution; includes a Peacemaker curriculum for schools.
H. **Catskill Center for Independence**  
6104 State Highway 23 (P.O. Box 1247)  
Oneonta, NY 13820  
(607) 432-8000 *(Voice and TTY)*  
Website: [www.ccfi.us](http://www.ccfi.us)

Provides information, referral, advocacy, housing assistance, and/or information on transportation for individuals with disabilities. Attendant referrals, benefits advisement, peer counseling, resource center, consultants (re: architectural barriers), daily living skills training, support groups, employment advice. No charge for any services. Call for information. Transitional services offered for older youth.

I. **Down Syndrome Aim High Resource Center**  
22 Corporate Wood Blvd., 5th Floor  
Albany, NY 12211  
(518) 438-1113  
Website: [www.dsahrc.org](http://www.dsahrc.org)  
Email: [info@dsahrc.org](mailto:info@dsahrc.org)

The mission of the Down Syndrome Aim High Resource Center (DSAHRC) is to provide parent-to-parent and professional services and support to individuals with Down syndrome and their families and to educate the broader community on Down syndrome. The services and support are provided to enable individuals with Down syndrome the opportunity to reach their fullest potential and to become fully included members of their communities.

J. **Early Childhood Direction Center**  
Southern Tier Independence Center  
135 East Fredrick Street  
Binghamton, NY 13904  
(607) 724-2111  
FAX: (607) 722-3600  
E-Mail: [ecdc@stic-cil.org](mailto:ecdc@stic-cil.org)  
Website: [www.stic-cil.org](http://www.stic-cil.org)

Information and referral for parents and service providers who have questions about a child’s development, birth – five years. The staff provides free consultation and assistance in linking a child or parent to the services needed.

K. **Early Intervention Program and Preschool Special Education**  
Otsego County Department of Health  
Division for Children with Special Needs  
140 County Highway 33 W, Suite 3  
Cooperstown, NY 13326  
(607) 547-6474
Evaluation and therapy services provided to children and their families to enhance the development of infants, toddlers, and preschoolers with disabilities and/or developmental delays. Children birth through age 2 with a developmental delay or a diagnosed condition that has a high probability of resulting in a delay may be eligible to receive services through the Early Intervention Program. Children who are Preschool age may be eligible to receive services through the Preschool Special Education Program. Services are provided at no cost to families. Call for more information or to make a referral.

L. **Family Resource Network, Inc.** See Section 5: Crisis Information – Family Support Services Safety Net Agencies- D.

M. **Kennedy Willis Center on Down Syndrome**

Pathfinder Village  
3 Chenango Road  
Edmeston, NY 13335-2314  
(607) 965-8377 Ext. 117  
Email: info@pathfindervillage.org  
Website: [http://www.pathfindervillage.org](http://www.pathfindervillage.org)

Provides resources and support to those who have Down Syndrome. As an outreach and education center, it offers hands-on education, direct counseling and research on Down syndrome.

N. **Kids Unlimited Preschool** - A division of Springbrook  
5588 State Highway 7  
Mailing address: 105 Campus Drive  
Oneonta, NY 13820  
Oneonta, NY 13820  
(607) 353-7272  
Website: [www.springbrookny.org](http://www.springbrookny.org)

Springbrook provides integrated preschool and early intervention programs, providing support services for infants and young children. Springbrook provides evaluations for children from birth to age five and offers early intervention therapy services. At four sites, Kids Unlimited prepares typically developing children and children with special needs for a lifetime of continuous learning. As an integrated program stressing peer interaction and child-directed “hands-on” learning, full and half-day programs are provided to inspire youngsters toward a love of learning. Eligible children can access the program through their local Committee on Preschool Education (CPSE). Tuition assistance is available for children enrolled through private pay.
O. Mental Health Association in Ulster County, Inc.
5546 State Highway 7
Oneonta, NY 13820
(607) 433-0700
Hours: Monday – Friday, 9 AM-5PM
www.mhainulster.com/services

Mental Health Home and Community Based Services Waiver Program:
Enables children to remain at home and in the community. Serves Otsego, Chenango and Delaware Counties. Services provided: individualized care coordination; crisis response services; intensive in-home services; respite care; family support services; and skill building services. Eligibility of children: are aged 5 through 17 at enrollment; have a serious emotional disturbance; require institutional level of care but are capable of being cared for in the home with support and/or services; have needs that cannot be met by just one agency or system; demonstrate complex health and mental health needs; and, have viable living arrangements and parents/guardians who are able and willing to participate in the HCBS Waiver and support their child in the home and community.

Children’s Single Point of Access (SPOA): (607)547-1621
These services include Intensive Case Management (ICM), Supportive Case Management (SCM), Home and Community Based Waiver, Family Based Treatment, and adult residential services. Each county is required to maintain Single Point of Access Committees that review all referrals and manage access to these services. Delaware County has two SPOA committees, one for children and one for adults with serious mental illness.

P. Mothers And Babies Perinatal Network
457 State Street
Binghamton, NY 13901
1-800-231-0744 or (607) 772-0517
www.mothersandbabies.org

Non-profit agency provides information and referrals to perinatal and other services with the goal of improving perinatal health outcomes for women, infants, and families in South Central New York. Specific services include smoking cessation support for pregnant women and parenting family members, facilitated enrollment to assist individuals applying for public health insurance, pregnancy prevention programs for middle school children, and parent workshops. Provides informational materials on a range of issues including maternal/child health, prenatal care, HIV/AIDS, substance use, FAS (fetal alcohol syndrome), birth defects, family planning, and adolescent health.
Q. **NYS Commission on Quality of Care and Advocacy for Persons with Disabilities (CQCAPD)**

401 State Street  
Schenectady, NY 12305-2397  
1-800-624-4143  
Email: webmaster@cqcapd.state.ny.us  
Website: www.cqc.ny.gov

Offers outreach and advocacy for individuals with disabilities.

R. **Opportunities for Otsego** –

See Section 2 on Education/Job Skill Development, # 11  
Child and Family Development Program  
3 West Broadway  
Oneonta, NY 13820  
Website - www.ofoinc.org  
(607) 433-8000 or 1-800-986-5463

S. **Otsego Adopt, Inc.** -  (315) 858-0304 - See Section 1 -Counseling, Listening and/or Referral –K.

T. **Otsego County Office for the Aging**

<table>
<thead>
<tr>
<th>Cherry Valley</th>
<th>Garrattsville</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Old School</td>
<td>New Lisbon Town Hall</td>
</tr>
<tr>
<td>Genessee St.</td>
<td>Co Hwy 16</td>
</tr>
<tr>
<td>(607)547- 6454</td>
<td>(607) 547-6454</td>
</tr>
<tr>
<td>Hours: Mon &amp; Wed</td>
<td>Hours: 3rd and 4th Wednesday</td>
</tr>
</tbody>
</table>

Oneonta  
Nader Towers  
2 Mitchell St.  
(607)432-2586  
(315)941-3886  
Hours: Mon-Fri  
Hours: Mon-Fri

Elm Park  
U.M. Church  
401 Chestnut St.  
(607)433-8313  
(607)369-2787  
Hours: 3rd Wednesday

Richfield Springs  
Veterans Club  
201 Lake Street  
(315)941-3886

Unadilla  
Neighborhood Apartments  
(607)369-2787  
Hours: 3rd Wednesday

Offers the following services to senior citizens (age 60 and older): adult day care; caregiver service; homemaker services; real property tax exemption information; entitlement counseling regarding Medicare, Medicaid, Food Stamps, etc.; EPIC elderly pharmaceutical insurance coverage; HEAP (Home Energy Assistance Program); HIICAP (Health Insurance Information Counseling Program); legal assistance; Lifeline; news exchange; nutrition services through Gathering Post meal sites and home delivery; ombudsman
for residents at long term care facilities to help them understand and exercise their rights; senior employment; tax aid and assistance; transportation; and the 55-Alive safe driving course. Call for information, assistance and eligibility requirements.

U. **Parent to Parent of NYS**
   213 Tracy Creek Road
   Vestal, NY 13850
   (607) 786-9060 Ext. 787
   Contact person: Jenni Austin
   Email: jaustrin@ptopnys.org
   Website: [www.parenttoparentnys.org](http://www.parenttoparentnys.org)

   Parent to Parent of NYS connects you with a variety of services and programs that are available locally, regionally and nationally, to parents of children with special needs. Also provides matching to a parent who has a child with a similar disability or issue.

V. **Rehabilitation Support Services (RSS)**
   Delaware/Otsego/Schoharie Division
   PO Box 781
   9 River Street
   Oneonta, NY 13820
   (607) 433-0002
   Website: [www.rehab.org](http://www.rehab.org)

   Provides services and opportunities for meaningful emotional, vocational and educational growth for people experiencing mental illness. Services may include community residences, social club, case management, community education and respite services. Call for information on services in your area.

W. **Supplemental Security Income (SSI)**
   Social Security Administration
   31 Main Street, Suite 1
   Oneonta, NY 13820
   Website: [www.ssa.gov](http://www.ssa.gov)
   1-877- 628-6581 (Oneonta) or 1-800-772-1213 (National)
   TTY: (607) 433-6607

   Monthly SSI benefits based on income and assets of parents to support expenses of a family with a child or family member of any age who has a debilitating handicapping condition. Tax free dollars. Disabled person also receives Medicaid. Guidelines change. Local Social Security office will determine eligibility. No charge.
X. **Springbrook**  
105 Campus Drive  
Oneonta, NY 13820  
Main Switchboard: (607) 286-7171  
Website: [www.springbrookny.org](http://www.springbrookny.org)

a. **Kids Unlimited Preschool** – See N. of this section

b. **Early Intervention and Preschool Evaluations**: (607) 353-7272 Ext. 2900  
The evaluation team works with families to address concerns about a child’s development. Evaluators include special education teachers, school psychologists, speech-language pathologists, and occupational and physical therapists. Children access the evaluation services through the NYS Department on Preschool Special Education (CPSE). Evaluations assist in determining a child’s eligibility for special education services through local programs (EI [Early Intervention] and CPSE)

c. **Saturday Recreation Program**: (607) 353-7272 Ext. 2505  
Springbrook has a recreation program for special needs children and adults. The program focuses on adaptive swim and activities centered around the experience and abilities of the individuals. The on-campus activities take place on Saturday mornings in the Springbrook’s therapeutic pool and gym, a safe and secure environment conducive to special needs individuals and their families. Interested individuals will be assigned to age related groups. Staffing includes the coordinator and core of 4 employees with training related to the needs of the individuals served. Call for further information and an application. See Section 2 G-13 for additional information about Springbrook.

d. **Service Coordination and Home and Community Based Waiver Services**: (607) 353-7272 Ext. 2500  
Service Coordination is about helping individuals with developmental disabilities and their families obtain the services, outcomes and dreams they desire. The Service Coordinator works hand in hand with the consumer and/or advocate to insure that the individual has access to the comprehensive social, medical, clinical, educational, vocational, residential and other services or supports that help the individual meet his/her potential. Through the Home and Community Based Waiver Service (HCBS) Springbrook can provide services in the home to individuals with disabilities. The Medicaid Service Coordinator can help access the services which are available through the Waiver. Waiver services could include residential habilitation, day habilitation, adaptive technologies, environmental modifications, respite and family education and training.
e. **Social Club**: (607) 353-7272 Ext. 2505
   A social club for young adults (ages 10 and up) with special needs. The group focuses on increasing social skills and developing friendships. The group meets on Fridays from 6 PM – 8 PM in Springbrook’s gymnasium. Contact Tammy Jones for information.
SECTION 9: MEDICAL/DENTAL SERVICES

A. Albany Medical Center Perinatal Outreach
43 New Scotland Ave., MC-90
Albany, NY 12208
(518) 262-5162
(518) 262-4159 (fax)
website: www.amc.edu/patient/services/perinatal_outreach

As the Level IV Regional Perinatal Center, Albany Medical Center provides transport and consultation services to birthing hospitals in a 25 county area of northeastern New York. Program services for women experiencing high risk or complicated pregnancy, as well as infants requiring specialized care. Use for emergency transport only.

B. AIDS Services – See Section 1: Counseling, Listening and/or Referral - A

C. American Cancer Society
Southern NY Regional Office- Sidney, NY
5 Oak Avenue
Sidney, NY
(607) 563-9634
1-800-227-2345 (National Info Line)
Website: www.cancer.org

Information on smoking cessation, support groups, coping and getting help.

D. Bassett Healthcare (including affiliated sites and partners)
Switchboard: (607)547-3456 or 1-800-BASSETT
Website: www.bassett.org

Medicaid and most insurances accepted.

1. Hospitals in the Bassett Healthcare system
   a A. O. Fox Hospital and FoxCare Services
      1 Norton Ave.
      Oneonta, NY 13820
      Switchboard/Information: (607) 432-2000
      Emergency Room: (607) 432-5000
      Website: http://www.bassett.org/ao-fox-hospital/

   b Bassett Birthing Center
      1 Atwell Road
      Cooperstown, NY 13326
      (607) 547-3535 or 1-800-BASSETT
c Bassett Medical Center
1 Atwell Road
Cooperstown, NY 13326
(607)547-3456 or 1-800-BASSETT
Emergency Room: (607) 547-3355

d Cobleskill Regional Hospital
178 Grandview Drive
Cobleskill, NY 12043
Switchboard: (518) 254-3456
Website: www.cobleskillhospital.org

Emergency room, inpatient adult care including medical rehabilitation services and specialty clinics. Medicaid accepted.

e Little Falls Hospital
140 Burwell Street
Little Falls, NY 13365
(315) 823-1000
Website: www.bassett.org/little-falls-hospital

Emergency room, inpatient adult care including medical rehabilitation. Outpatient day surgery, radiology, laboratories

f O’Connor Hospital
460 Andes Road
Delhi, NY 13753
Emergency Room: (607) 746-0300
Website: www.bassett.org/oconnor-hospital

Emergency room, inpatient adult care including medical rehabilitation services, specialty clinics, pharmacy.

g Tri-Town Regional Hospital
43 Pearl Street
Sidney, NY 13838
(607) 563-7080
Website: www.bassett.org/tri-town-hospital

Emergency room. No inpatient services. Outpatient laboratories and radiology (CT, ultrasound, Xrays, mammograms)

2. Outpatient Centers in the Bassett Healthcare Network: Listed below are clinics within Otsego County. For a list of Bassett or AO Fox clinics outside Otsego County contact Bassett Healthcare at (607) 547-3456 or 1-800-BASSETT and A.O. Fox at (607) 432-2000
a  Cherry Valley
   Community Health Center
   2 Main Street
   Cherry Valley, NY 13320
   (607) 264-3036
   Hours: Monday, Tuesday, Thursday, Friday, 8:30 AM – 5:00 PM
       Wednesday, 1:00 PM – 9:00 PM

   A private, primary care, health facility for the whole family. Medical
   exams/services, immunizations, referrals. Medicaid accepted.

b  Cooperstown
   1 Atwell Road
   Cooperstown, NY 13326
   Switchboard: (607) 547-3456 or 1-800-BASSETT

   1. Medical and Specialty Clinics: (607) 547-3456
   2. Pediatric Clinic: (607) 547-3290
      Full medical services for children. Pediatric specialties: hearing,
      speech, orthopedics, physical and occupational therapy, and
      cardiology. Medicaid accepted.
   3. Psychiatry Clinic: (607) 547-3500
   4. Women’s Health Clinic: (607) 547-3160
      Reproductive, maternity and follow-up care by certified nurse-
      midwives and doctors. PCAP coordinated access to Medicaid and
      referral to local support systems. Introductory class on prenatal
      care, nutrition, nurse midwifery; for newly pregnant first-time moms.
      Childbirth classes offered later in third trimester of pregnancy.

c  Edmeston- Burlington
   2106 Route 80 (near Pathfinder Village)
   Edmeston, NY 13335
   (607) 965-8900
   Hours: Monday – Friday, 8:00 AM – 5:00 PM

d  Hartwick Seminary Specialty Services
   4580 State Hwy. 28
   Milford, NY 13807
   (607) 547-7646
   Hours: Monday – Friday, 8:00 AM – 5:00 PM

   Plastic surgery, cosmetic services and advanced skin care;
   dermatology; interventional pain management

e  Morris
   93 Main Street
   Morris, NY 13808
(607) 263-5111
Hours: Monday – Friday: 8:00 AM – 5:00 PM; Tuesday until 8:00 PM

f Oneonta

- **Bassett Health Center**
  125 Main Street
  Oneonta, NY 13820
  (607) 433-1790
  Pediatrics (607) 433-1792
  Hours: Monday - Thursday, 8:00 AM – 6:30 PM
  Friday, 8:00 AM – 5:00 PM; Saturday, 8:00 AM – Noon

  Pediatrics, obstetrics and adult primary care.

- **Child and Adolescent Health Care of Oneonta**
  1 FoxCare Center – Route 7, Suite 213
  Oneonta, NY 13820
  (607) 432-5600
  Hours: Monday – Thursday, 8:00 AM – 6:00 PM;
  Friday, 8:00 AM – 4:00 PM

  Offers full medical services for children, Medicaid accepted.

- **FoxNow Walk-in Healthcare**
  5432 State Route 7
  Oneonta, NY 13820
  (607) 431-5052
  Hours: 8 AM – 5 PM daily (7 days/week)

  A walk-in clinic for treatment of minor illnesses and injuries. First come-first served. Most insurance accepted.

- **Oneonta Family Practice**
  1 FoxCare Drive - Route 7, Suite 308
  Oneonta, NY 13820
  (607) 431-5555 (Appointments)
  (607) 432-1163 (General Information)
  Hours: Monday – Friday, 8:00 AM – 5:00 PM.

- **Oneonta Specialty Services**
  One Associate Drive
  Oneonta, NY 13820
  (607) 433-6300
  Hours: Mon. – Fri., 8 AM – 5 PM
Multi-specialty services including outpatient surgery, dialysis unit, eye care, orthopedics, sports medicine, physical therapy and other specialties. Call for details.

- **Southside Family Practice**  
  Hannaford Plaza  
  739 State Highway 28  
  Oneonta, NY 13820  
  (607) 431-5191

- **Susquehanna Family Practice**  
  1 FoxCare Drive, Suite 103  
  Oneonta, NY 13820  
  (607) 431-5757  
  Hours: Monday – Friday, 8:00 AM – 5:00 PM.

Primary health care.

- **Otego**  
  **Family Health Center**  
  59 Main Street  
  Otego, NY  
  (607) 988-2854

- **Richfield Springs**  
  8550 State Highway 28  
  Richfield Springs, NY 13439  
  (315) 858-0040  
  Hours: Monday – Friday, 8:30 AM – 4:30 PM

- **Sidney**  
  - **Bassett Health Center**  
    39 Pearl Street  
    Sidney 13838  
    (607) 561-2021  
    Hours: Monday - Friday, 8:00 AM– 5:00 PM

  - **Sidney Primary Care**  
    59 River Street  
    Sidney 13838  
    (607) 563-8022

- **Unadilla**  
  16 Clifton Street  
  Unadilla, NY 13849  
  (607) 369-2271  
  Hours: Monday - Friday, 8:00 AM – 5:00 PM.
3. School Based Health Centers (SBHC) in the Bassett Healthcare Network

School based health centers are located in various area schools throughout the region to provide diagnosis and treatment for acute illness and chronic illness. They also offer reproductive health services and mental health services. Preventive dental is also available in certain locations. Call for more information.

a. Cooperstown SBHC – (607) 547-5069 8:00am – 10:30am
   (607) 547-1105 11:00am – 4:00pm

b. Delaware Academy and Central School- (607) 746-7454

c. Edmeston Healthzone– (607) 965-6930

d. Laurens Healthzone – (607) 432-2050 ext-1300

e. Milford SBHC – (607) 286-7909

f. Morris Healthzone – (607) 263-2619

g. Richfield Springs Central School- (607) 858-0160

h. Schenevus SBHC – (607) 638-5402

i. Sidney Elementary & Middle School- (607) 561-7795

j. South Kortright Central School- (607) 538-1932

k. Stamford Central School- (607) 652-2065

l. Unadilla Valley SBHC (607) 847-6050
m. Worcester SBHC – (607) 397-1013

E. Breast Feeding Support: La Leche League: See Section 4 on Food/Nutrition Services - C.

F. Fidelis Care  
5010 Campuswood Drive  
East Syracuse, NY 13057  
(315) 466-9567  
https://www.fideliscare.org/  

Fidelis Care is the New York State Catholic Health Plan, a not-for-profit which provides quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life. Representatives meet with clients at sites throughout the county, including Catholic Charities of Delaware, Otsego, and Schoharie Counties in Oneonta, New York.

G. Catskill Area Hospice and Palliative Care, Inc.  
542 Main Street  
Oneonta, NY 13820  
(607) 432-5525  
Website: www.cahpc.org  
Hours: 24 hour on-call service  

Provides medical and emotional support for individuals and families coping with life-limiting illness. May be cared for at home, hospital or nursing home. Bereavement counseling, support groups and “Forget Me Not” for grieving children and teens. Serves Otsego, Delaware and Schoharie Counties.

H. Child Health Plus Insurance Plan  
Depending on the family’s income, children (under age 19) may be eligible to join either Child Health Plus A (formerly Medicaid) or Child Health Plus B (a managed care plan). Plan A has no cost to the family. Premiums for Plan B are on a sliding scale. No co-payments or deductibles are required. Covered are: regular doctor visits, immunizations, emergency care, x rays, lab tests, prescriptions, sick visits, rehabilitation therapy, in-patient hospital care, dental trauma/care and mental health care.

One application per household. Proof of income, residency, birth certificate required. In Otsego area, call an enrollment coordinator at Mothers and Babies Perinatal Network (1-800-231-0744) for information and assistance. For other areas, call 1-800-698-4-KIDS for referral to the nearest enrollment coordinator.
1. **Bassett Healthcare Children’s Health Insurance Program (CHIP)**
   125 Main St.
   Oneonta, NY 13820
   (607) 433-4036 or toll free 1-866-348-1477

   CHIP provides a unique service with free one-on-one assistance with the completion and filing of applications for the Medicaid and CHP health insurance programs. Whether meeting a parent at a School-Based Health Center (SBHC), hospital, their home, or in the community. Call for more information.

2. **Mothers and Babies Perinatal Network (regional contact)**
   457 State Street
   Binghamton, NY 13901
   1-800-231-0744 (607) 772-0517
   Hours: Monday – Friday, 8:30 AM – 4:30 PM
   Website: [http://www.mothersandbabies.org/enrollment.asp](http://www.mothersandbabies.org/enrollment.asp)

3. **Opportunities for Otsego**
   3 West Broadway
   Oneonta, NY 13820
   (607) 772-0517 or 1-800-231-0744

   A facilitated enroller is available to discuss and/or enroll eligible families and children in Child Health Plus, to get insurance or Medicaid.

4. **Fidelis Care**
   5010 Campuswood Drive
   East Syracuse, NY 13057
   (315) 466-9567
   [https://www.fideliscare.org/](https://www.fideliscare.org/)

   Fidelis Care is the New York State Catholic Health Plan, a not-for-profit which provides quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life. Representatives meet with clients at sites throughout the county, including Catholic Charities of Delaware, Otsego, and Schoharie Counties in Oneonta, New York.

I. **Dentists in Otsego County** (All in general practice unless otherwise noted)
   According to the NYS Dental Association - Website: [www.nysdental.org](http://www.nysdental.org) (accessed May 2, 2013)

   American Mobile Dental  
   Dr. Bruce Aaronson  
   8 Grand St.  
   53 Chestnut St.
Oneonta, NY 13820
1-877-248-6684 or
(607) 432-1010
www.americanmobiledental.com

Dr. Francis Angelino
53 Chestnut St.
Oneonta, NY 13820
(607) 432-4621

Dr. Alex Couden
17 Walnut St.
Oneonta, NY 13820
(607) 432-3987

Dr. Robert Donnelly
77 Main St.
Cooperstown, NY 13326
(607) 547-9331

Dr. Kathleen A. Evans
6411 State Hwy 28
Fly Creek, NY 13337
(607) 547-1291

Dr. Hany Ghaleb
200 Main St. / PO BOX 1298
Richfield Springs, NY 13439
(315) 858-1012

Dr. Kathy Knox
374 Main St. / PO Box 334
Otego, NY 13825
(607) 988-6555
www.dentistotegony.com/

Dr. Mark Lavine
53 Chestnut St.
Oneonta, NY 13820
(607) 547-9108

Dr. Mary Michael
One FoxCare Drive, Suite 304
Oneonta, NY 13820
(607) 433-1778

Dr. Prosperk Bonsi
482 Main Street
Oneonta, NY 13820
(607) 433-1472

Dr. Neal Demby
One FoxCare Dr. Suite 304
Oneonta, NY 13820
(607) 433-1778

Dr. David Dugan – Oral Surgeon
39 Country Club Rd.
Oneonta, NY 13820
(607) 432-8808

Dr. Michael Freedus – Oral Surgeon
53 Chestnut St.
Oneonta, NY 13820
(607) 432-3564

Dr. Scott J. Heiland
53 Chestnut Street
Oneonta, NY 13820
(607) 432-4621

Dr. William Lado
75 Market St.
Oneonta, NY 13820
(607) 432-2335

Dr. Donald F. Lynd
82 Oneida Street
Oneonta, NY 13820
(607) 433-2037

Dr. Gerald Pondolfino
39 Deitz St.
Oneonta, NY 13820
(607) 432-2867
Dr. Robert Pondolfino  
39 Deitz St.  
Oneonta, NY 13820  
(607) 432-4681

Dr. Charles Randolph  
8 Grand St.  
Oneonta, NY 13820  
(607) 432-1010

Dr. Sunny Spinosa  
6 Double Day Court  
Cooperstown, NY 13326  
(607) 547-2313

Dr. Amy Thompson  
53 Chestnut St.  
Oneonta, NY 13820  
(607) 432-4621

Dr. Sunny Spinosa  
6 Double Day Court  
Cooperstown, NY 13326  
(607) 547-2313

Dr. Amy Thompson  
53 Chestnut St.  
Oneonta, NY 13820  
(607) 432-4621

Dr. Raymond Traver, Director  
One FoxCare Drive, Suite 304  
Oneonta, NY 13820  
(607) 433-1778

Dr. Paul Weber  
5920 State Hwy 28  
Cooperstown, NY 13326  
(607) 547-1280

Dr. Leon Wiggin  
78 Chestnut St.  
Oneonta, NY 13820  
(60) 432-2161

Dr. Nicholas Zacharczenko Prosthodontist  
6 Double Day Court  
Cooperstown, NY 13326  
(607) 547-2313

www.cooperstowndentist.com/index.htm

J. **Family Service Association of Oneonta**  
277 Chestnut Street  
Oneonta, NY 13820  
(607) 432-2870  
http://fsaoneontany.org/

Provides **limited** emergency assistance for essential prescriptions and medications to lower income families or those dealing with crisis. Applying for Medicaid recommended, but not required for assistance. Call for information.

K. **In-Home Services - At Home Care**  
25 Elm Street  
Oneonta, NY 13820  
(607) 432-7924 or 1-800-783-0613  
Office Hours: Monday – Friday, 8:00 AM – 5:00 PM.

On physician referral, provides intermittent skilled health care services to individuals in their homes. May be covered by Medicare, Medicaid and private insurers. Sliding scale for out-of-pocket payments.

L. **Medicaid**

1. **Children** – See H. in this section
2. **Adults (age 19 and older)**

   **Otsego County Department of Social Services**
   
   Mailing address – 197 Main St.
   Cooperstown, NY 13326
   
   Physical address – Meadows Office Complex
   140 County Hwy 33W
   Cooperstown, NY 13326

   (607) 547-1700 or toll free 1-800-422-2512

   Hours: Monday – Friday, 9:00 AM – 5:00 PM (except summer)
   Monday – Friday, 9:00 AM – 4:00 PM (July and August)

   Medicaid is an assistance program for low income individuals and families which covers the cost of medical, dental and mental health care. Applicants must meet income and asset limits to be eligible. Call for application, and request a list of required documentation and an appointment. A personal interview and specific documentation is required to qualify. Information and a brochure is also available on request. No charge.

   **Fidelis Care**
   5010 Campuswood Drive
   East Syracuse, NY 13057
   (315) 466-9567
   [https://www.fideliscare.org/](https://www.fideliscare.org/)

   Fidelis Care is the New York State Catholic Health Plan, a not-for-profit which provides quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life. Representatives meet with clients at twelve sites throughout the county, including Catholic Charities of Delaware, Otsego, and Schoharie Counties in Oneonta, New York.

   **Opportunities for Otsego**
   3 West Broadway
   Oneonta, NY 13820
   (607) 772-0517 or 1-800-231-0744

   A facilitated enroller is available to discuss and/or enroll eligible families and children in Child Health Plus, to get insurance or Medicaid.

3. **Medicaid Transportation** – 1-800-388-9853 (provided by Birnie Bus)
Transportation to and from medical, optical, dental and psychological services available for Medicaid recipients. Call in advance to make arrangements. One week notice is needed. Some out of county travel available in special circumstances with 3 day notice needed, if possible. No charge.

L. **Office for the Aging**
   403 Chestnut St
   Oneonta NY 13820
   (607) 432-9041

   The Meadows Complex
   Suite - 5
   140 Co. Hwy. 33W
   Cooperstown, NY 13326
   (607) 547-4232

   Health insurance and pharmaceutical counseling for people over 60

M. **Oneonta Water Treatment Facility** – See Section 6 – Housing – E.

N. **Otsego County Department of Health**
   140 County Highway 33 West, Suite 3
   Cooperstown, NY 13326
   (607) 547-4230

   1. **Otsego County Public Health Nursing Department:**
      (607) 547- 4230; after hours: (607) 547- 1697

      Provides immunizations for adults and children; general health and wellness education; maternal and child home visiting and health education; dental health education; tuberculosis screening and treatment (by referral); STD (Sexually Transmitted Diseases) screening and referral; HIV counseling and testing; communicable disease surveillance and follow-up; rabies control program and animal bite investigation and follow-up; mosquito and tick borne illness surveillance and follow-up; car seat program; injury prevention and chronic disease programs; and, public health emergency preparedness and response.

   2. **Children with Special Needs:**
      Phone: (607) 547-6474
      Fax: (607) 547-6402
      • **Early Intervention Program:** The Early Intervention Program’s goal is to improve the identification, location, referral to care and follow-up of
infants and toddlers at risk of developmental delays and disabilities. Participation involves no cost to the family. Also see Section 8: Services for Children and Others with Special Needs, #11.

- **Physically Handicapped Children’s Program**: Children, birth – 21, with certain medical conditions needing diagnosis may be eligible for financial help. The NYS Department of Health may pay approved health care providers for diagnosis and evaluation of eligible children. Call for current information.

3. **Childhood Lead Poisoning Prevention Program**: (607) 547-4230
A Public Health Nurse provides education and home visits in the prevention of lead poisoning of children who are 0 – 6 years old.

**O. Family Planning of South Central NY**
37 Deitz St.
Oneonta, NY 13820
607) 432-2250
Website: http://fpscny.org/
1-800-230-PLAN (will ring the nearest Family Planning Health Center)

Information and medical services related to birth planning and women’s health. Call for appointment – pap smear, breast check, and medical exam. Reproductive health care for women and men. Referrals. Low cost contraceptives available. Testing for sexually transmitted diseases and pregnancy testing and counseling. All services confidential. Medicaid accepted, also sliding fee scale. No one refused care regardless of age or life circumstances or ability to pay.

**P. Prepared Child Birth Classes**
Bassett Healthcare – (607) 547-3535

Prenatal childbirth instruction for moms and coaches. Classes cover breathing techniques, pain management, anatomy, coach’s role, newborn care, and many other topics. Call for times and locations.

**Q. Smoking Cessation**
1. **NYS Smokers’ Quitline**: 1-866-697-8487

Provides information and referral to local services, offer to those eligible free starter nicotine replacement therapy (NRT) in patch or gum form or visit the website for online community support group.
Website: www.nysmokefree.com

2. **Rural Three for Tobacco Free Communities**: 1-866-3RURAL3
Website: www.rural3.org
Provides resources and technical assistance to businesses, organizations, governments and individuals. Current projects include eliminating exposure to secondhand smoke by supporting smoke-free home, apartment and public outdoor area policies as well as reducing and removing tobacco industry advertisements, sponsorships, and promotional displays in Delaware, Otsego and Schoharie Counties.

3. **Fresh Start** – See American Cancer Society, letter C. in this section.

4. **Smoking Cessation for Pregnant Women**
   Mothers and Babies Perinatal Network of South Central NY
   457 State Street
   Binghamton, NY 13901
   1-800-231-0744
   Website: [www.mothersandbabies.org/quitkit.asp](http://www.mothersandbabies.org/quitkit.asp)

   Free individual counseling and quit kit offered to pregnant women and their families who would like to stop smoking.

**R. UHS Primecare / Pediatrics**

179 River St.
Oneonta, NY 13820
(607) 433-3484
Website: [www.uhs.net](http://www.uhs.net)

Offers general primary and pediatric services.
SECTION 10: YOUTH PROGRAMS/SERVICES

A. American Red Cross
Mohawk Valley Chapter (Main Office)
1415 Genesee Street
Utica, NY 13501
(315) 733-4666 – 24 hr/day, 7 days/wk.
Website: http://www.redcross.org/ny/utica
Hours: 8:30 AM – 5:30 PM

During normal business hours, the Otsego office phones are forwarded to the Utica office when the Cooperstown office is not staffed. (+ Answering machine: 24 hr/day, 7 days/wk. And, 24 hours day/365 days a year, round the clock service for families in the military or disaster services)

Red Cross provides water safety courses, taught at Oneonta YMCA, Hartwick College, Clark Sports Center, and the State University at Oneonta. Lifesaving certification classes and aquatic survival classes, CPR, and First Aid courses are offered. Also offered are babysitting courses, 24 hour disaster assistance with volunteers, on call team, blood services and food bank referral.

(For Project Share see Section 3:G Energy Conservation and Emergency Energy Service. Or, see Section 5: B Crisis Information – Family Support Services – Safety Net Agencies, for additional information on Red Cross.)

B. Big Buddy Program
Delaware Opportunities, Inc.
35430 State Highway 10
Hamden, NY 13782
(607) 746-1600
Email: bigbuddy@delawareopportunities.org
Website: www.delawareopportunities.org

The Big Buddy Program is a mentoring program that matches up volunteer adults with children (ages 5 to 14 years old) who are looking for a “special friend”: to serve as a role model, mentor and friend; to provide support, guidance and encouragement; and, to boost self-esteem and give children the tools they need to succeed in life. Big Buddies generally spend 4 to 8 hours a month with their Little Buddy. Group activities are offered once a month. All Big and Little Buddies enrolled in the program are invited to attend these group activities. There is no charge for the program or for the group activities. Call for more information, to volunteer, or to sign up for the program. Open to Otsego and Delaware County residents.
C. **Boy Scouts of America – Otschodela Council**

6134 State Highway 23 (P.O. Box 1356)
Oneonta, NY 13820
(607) 432-6491 FAX (607) 432-0388
(800) 778-6813
Website: [www.otschodela.org](http://www.otschodela.org)

Hours: Mon. through Thurs. 8:30am-5pm, Fri. 9am-4pm. Closed Saturday and Sunday.

Character development, physical fitness, citizenship through group and individual experiences. Year-round camping program. Serves boys first grade through 21 years of age. Call for information.

D. **Bugbee Children’s Center (SUCO)**

Bugbee Hall
State Street
Oneonta, NY 13820
(607) 436-2484 FAX (607) 436-2664
Email: childcenter@oneonta.edu
Website: [http://www.oneonta.edu/development/childcenter](http://www.oneonta.edu/development/childcenter)

Hours: Monday – Friday 7 AM – 5:30 PM

The Bugbee Children’s Center provides care for children aged 8 weeks to 5 years. Children attending elementary school during the day may enroll in the school-age program for holidays and vacations. The goal for the Center is to provide a safe, healthy, caring and stimulating environment for children. This environment is designed to meet the children’s developmental needs by being emotionally nurturing, physically safe, and cognitively challenging. Sliding fee scale. SUCO students and staff have priority. Call for information and/or appointment.

E. **CDO Workforce Youth Services Program**

12 Deitz St.
Oneonta, NY 13820
(607) 432-4800

Employment and training counseling.

F. **Clark Sports Center**

124 County Highway 52
P.O. Box 850
Cooperstown, NY 13326
(607) 547-2800 FAX (607) 547-4100
Website: [www.clarksportscenter.com](http://www.clarksportscenter.com)

*Summer hours*: (Memorial Day-Columbus Day): Mon. – Fri.: 5:30 AM – 9 PM; Sat. 8 AM – 6 PM. Sun.: closed

*Winter hours*: Mon. – Fri.: 5:30 AM – 9:30 PM; Sat.: 8 AM – 6 PM;
Offers a wide choice of recreational activities and services for all ages.

Activities include: Sports programs, camping, hiking, swimming lessons, after school activities, summer camp, aerobics, rock climbing and more. Call for information. Reduced fee membership available with proof of income.

G. Cornell Cooperative Extension of Schoharie and Otsego Counties
123 Lake Street 31 Maple Street
Cooperstown, NY 13326 Oneonta, NY 13820
(607) 547-2536 (607) 433-2521
(607) 547-5180 (FAX) (607) 436-9682 (FAX)
Email: otsego@cornell.edu
Website: www.cce.cornell.edu/otsego
Hours: Monday – Friday: 8:30 AM – 4:30 PM

Cornell Cooperative Extension puts knowledge to work in pursuit of economic strength, ecological sustainability and social well-being. We bring local experience and research based solutions together, helping New York State families and communities thrive in our rapidly changing world. In Otsego County, Cooperative Extension offers education programming for youth, families, professionals and businesses.

4-H Youth Development Program
The 4-H Program offers a variety of educational and fun activities for youth ages 5-19 and adult volunteers. 4-H is the largest out-of-school youth organization in the United States with over 6 million youth members. Our history is rich—we have been around since the beginning of the 20th century—enriching the lives of youth and their families. Opportunities offered include Community Clubs, 4-H School Enrichment, Special Interest Groups and 4-H Overnight Summer Camp.

H. Family Planning of South Central New York, Inc.
37 Dietz Street
Oneonta, NY 13820
(607) 432-2252
Toll-free: (800) 230-PLAN (will ring nearest Family Planning Health Center)
FAX: (607) 432-2984
Website: http://fpscny.org/
Hours: M-F 9am-5pm, T 9am-7pm, Thur 9am-6pm, Saturday (twice a month) 9am-1pm.
Clinic locations: Binghamton, Norwich, Oneonta, Sidney, Walton

The education department at Family Planning of SCNY is a trusted resource serving individuals, families and professional groups. Well-trained and experienced educators provide up-to-date information on human sexuality
and reproductive health. Parents often look to Family Planning of SCNY to help them comfortably deal with their children’s questions, and questions of their own. The Education Resource Center has pamphlets, brochures, books and videos available. Many of these services are free and others are available for a modest fee.

I. **Family Resource Network Youth Programs**

1. **After-school program for Teens with Autism**
   Grace Lutheran Church  
   709 Main St.  
   Vestal, NY 13850  
   (607) 432-0001  

   Teens 13 to 19 years of age. Meets third Wednesday of every month, at 4:30-6:00 pm.

2. **Clubhouse Project**
   (607)432-0001  

   The mission of the Clubhouse Project is to provide resources for youth and young adults to develop pro-social skills that promote long-term health, wellness, recovery and a substance-free lifestyle. This will serve youth ages 12-17. Another component of the Clubhouse Project is the Club Odyssey Program, which will serve the young adult population, ages 18-21.

   Every Friday evening at the FOR-DO (Friends of Recovery-Delaware/Otsego) site on Elm St.

3. **Dragon Dates Social Skills and Recreation Program**  
   (607) 432-0001  

   Open to OPWDD eligible individuals, living in the family home, Dragon Dates meets monthly at prearranged, structured events or activities. The goal of this program is to promote social skills, networking among parents, and opportunities to meaningful participate in social experiences within the community. There is no fee for OPWDD eligible individuals and often a free or reduced fee for family members. Siblings are welcome! Ages 5+.

4. **Summer Camp for Youth with Autism**
   Grace Lutheran Church  
   709 Main St.  
   Vestal, NY 13850

5. **Teen Scene**
   46 Oneida St.
Oneonta, NY 13820
(607) 432-0001

Discuss topics of interest: bullying, social issues, conflict resolution
Ages 12-20
Free of charge

J. **Girl Scouts Indian Hills Council**
(800) 943-4414
3200 Chestnut Street #10
Oneonta, NY 13820
PHONE: (607)432-2910
Website: [www.gsnypenn.org](http://www.gsnypenn.org)
Facebook: [http://facebook.com/GSNYPENN](http://facebook.com/GSNYPENN)
Twitter: [http://twitter.com/GSNYPENN](http://twitter.com/GSNYPENN)

Offers girls the opportunity to make new friends, develop leadership skills and build self-confidence through continuous adventures in learning that address current interests and future roles as women. Call for information.

K. **Girls on the Run / Girls on Track**
PO Box 1245
Cooperstown, NY 13326
(917) 375-1153
Council Director: Jill Feury
Website: [www.girlsontherun.org](http://www.girlsontherun.org)
National program website: [www.girlsontherun.org](http://www.girlsontherun.org)

Girls on the Run Central New York is a chapter of the national Girls on the Run organization. Girls on the Run is a transformational learning program for 8 to 13 year-old girls. We teach life skills through dynamic, conversation-based lessons and running games. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Contact Jill Feury for more information.

L. **Kids Unlimited Preschool of Springbrook**
5588 State Highway 7
Oneonta, NY 13820
(607) 353-7272 Ext. 2900
FAX: (607) 286-7166
Hours: Monday – Friday, 9:00 AM – 2:30 PM on a school calendar with a 6 week summer program.
Daycare also available for students before and after the program (7:30 – 4:30).
Website: [www.springbrookny.org](http://www.springbrookny.org)
Provides early childhood education for children ages 3 to 5 years in a safe, nurturing environment. Serves children with special needs and their peers in an integrated classroom. Classroom staff include a special education teacher, early childhood education teachers, teaching assistant and classroom aide. Eligible students may receive speech-language, occupational and/or physical therapy. Teaching staff facilitates learning through a developmentally appropriate, theme based curriculum, “hands on” learning experiences and cooperative activities in large and small groups. Parent participation is encouraged. Call for more information and enrollment. Eligible children with special needs can access the program through their local Committee on Preschool Special Education (CPSE) and will be enrolled directly through the CPSE with funding provided by the child’s county of residency.

M. **Oneonta Boys and Girls Club, Inc.**  
70 River Street  
P.O. Box 1117  
Oneonta, NY 13820  
(607) 432-1133  
FAX: (607) 432-2146  
Website: [www.oneontaboyzandgirlzclub.org](http://www.oneontaboyzandgirlzclub.org)  
Hours: Mon. – Fri.: 1 PM – 9 PM; Sat.: 10 AM – 6 PM. Closed Sunday.  
Like them on Facebook

Serving Otsego, Delaware and Chenango youth, ages 7-15 with continued membership up until the age of 21. Offers a wide range of sports activities as well as more leisurely programs such as: arts ‘n crafts, wood shop, game room activities, board games, etc. For more information, call or stop in and see the facility for yourself.

N. **Oneonta Community Alliance for Youth (OCAY)**  
Oneonta Teen Center  
4 Academy Street  
Oneonta, NY 13820  
(607) 433-2009  
Hours: Thurs.: 3 – 6 PM; Fri.: 7 – 11 PM; Sat. 7 – 11 PM

Located in the basement of the Armory, the Oneonta Teen Center provides programs for youth in Junior/Senior High School (13 to 19 years old). Recreational activities include music, karaoke, dances, game room, computer room and internet access, workshops, and snack bar. Tutoring available by inquiry. Youth employment available. Summer program. No charge.

O. **Oneonta Family YMCA**  
20-26 Ford Avenue  
Oneonta, NY 13820
Offers a wide choice of recreational activities and services: pool, gym, fitness center. Programs include youth gym and social program, swimming, gymnastics, family program, child care services, preschool program, after-school and vacation day programs, summer day camp, and other services. Annual, monthly, daily fees. Scholarships available. Call for information.

P. Oneonta Police Department Explorer’s Post #1908
Public Safety Building
81 Main Street
Oneonta, NY 13920
(607) 432-1111 and ask for Lt. Douglas Brenner
Hours: Monday – Friday, 8:00 AM – 4:00 PM
Website: http://www.oneonta.ny.us/departments/police/explorer-post-1908/
Visit them on Facebook

Open to males and females who are between 14 and 21 years of age and who have completed the 8th grade. The core character traits that Explorers strive to maintain are: Respect, Responsibility, Honesty, Trust, Caring, Fairness, Self-Discipline, Courage and Citizenship. The objective of Post 1908 is to provide experience-based learning opportunities for individuals interested in working in the law enforcement field.

Q. Otsego Co. Department of Social Services: See Section 5: Family Support/Safety Net Agencies, M.

R. Otsego County Office of Employment and Training
12 Dietz Street
Oneonta, NY 13820
(607) 432-4800 FAX: (607) 432-4171
Website: www.cdoworkforce.org
Hours: 8:30 AM – 5:00 PM; summer (July and August) 9:00 AM – 4:00 PM

Provides assistance with job searches, resumes, assessment, development of marketable skills, and career exploration. Resource room with access to reference materials, copier, fax, telephone, computers, and the internet, for job seeking purposes. Classroom training and on-the-job training opportunities available for eligible individuals. Youth program provides similar assistance for individuals aged 14-21. No charge for services.
S. **Otsego County Youth Bureau**
   197 Main Street
   Cooperstown, NY 13326
   (607) 547-4329

   All areas of youth programming such as funding, research information and planning. Assists public and private groups to apply for 50% reimbursement for programs serving children, youth and families. Administers funds for NYS OCFS (Office of Children and Family Services) for recreation and youth services. Call for information about youth services.

T. **Richfield Springs Community Center, The Zone**
   6 Ann Street (corner of Ann St. and Walnut St.)
   PO Box 108
   Richfield Springs, NY 13439
   (315) 858-0938
   Website: [www.richfieldzone.org](http://www.richfieldzone.org)
   Like them on Facebook

   Provides a variety of programs for youth and the whole community including, but not limited to:

   **The Zone**: Every Friday Night from 7:00 to 10:00 pm for teens in Grades 7-12.

   **After School Program**: Every Wednesday and Friday afternoon during the school year from 3 to 5 pm for students in Grades 5 to 8.

   **PLAY**: Positive Lifestyle Activities for Youth: Every Tuesday and Thursday afternoon during the school year from 3 to 5 pm for students in Grades K to 4.
SECTION 11: TRANSPORTATION

A. **ABC Taxi**  
   67 Maple St.  
   Oneonta, NY 13820  
   (607) 437-5267  
   Website: [http://oneonta-ny-taxi.com/](http://oneonta-ny-taxi.com/)

B. **A & D Taxi**  
   83 Lower River Street  
   Oneonta, NY 13820  
   (607) 433-1726  
   Website: [http://www.adtransportservices.com/](http://www.adtransportservices.com/)

C. **All Star Taxi**  
   2595 County Hwy 35  
   Schenevus, NY 12155  
   (607) 267-1834

D. **Birnie Bus**  
   1-800-734-3950  
   [http://birniebus.com/](http://birniebus.com/)

E. **Bus Terminal:**  
   47 Market Street  
   Oneonta, NY 13326  
   607-432-2661

   **Adirondack Trailways Bus:** 1-800-776-7548 (24 hr customer service)

   **Greyhound Bus:** 1-800-858-8555 (24 hr customer service)  
   Terminal Hours: M-F: 8 AM – 5 PM; Sat: 8:30 AM- 4 PM; Sun: 8:30 AM-5PM

   Serves State Route 28 corridor Utica: Cooperstown - Oneonta and beyond.

F. **Gary’s Taxi**  
   221 Moyer St.  
   Canajoharie, NY 13317  
   (518) 673-3974

G. **Get There Call Center**  
   1-855-373-4040  
   Monday-Friday, 8:30am-4:30pm  
   Toll-free service for transportation and trip planning.
H. **Hill City Taxi**  
2 Lower River St.  
Oneonta, NY 13820  
(607) 433-2227

I. **Medicaid Transportation**  
Medical Answering Service  
1-866-333-1030  
Transportation to and from medical, optical, dental and psychological services available for Medicaid patients. Call in advance to make arrangements. **A full 3 business days’ notice is required.** Some out of county travel available in special circumstances with doctor’s referral. No charge.

J. **Oneonta Public Transit (OPT)**  
Clinton Plaza  
104 Main Street  
Oneonta, NY 13820  
(607) 432-7100  
Hours: 7AM – 5:30PM Daily except Sunday  
Website: [http://www.optrides.com](http://www.optrides.com)  
View their website or call for information regarding rates, OPT routes, schedules and handicapped services.

**Cooperstown Line:**  
Bus service from Oneonta to Cooperstown and return. Routes 7 and 28 to and from Cooperstown. Currently the schedule is as follows:  
Leaves Oneonta: M-F: Every hour between 6:00 AM and 5:00 PM  
Leaves Cooperstown: M-F: Every hour on the hour from 7:00 AM – 6:00 PM  
*On Saturdays only:* Leaves every 2 hours (Oneonta on even hours and Cooperstown on odd hours)  
Cost: $3.50 adult one way (ages: 18-62)  
$2.00 for senior citizens (age: 62+) or students (ages: 5-18)  
free for children under 5

**Oneonta Line:**  
Serves the City of Oneonta, the University, North and South Sides, East and West End, River Street/Downtown and Otego, Hillside  
Cost: $1.25 adult one way (ages: 18-62)  
$0.75 for senior citizens (age: 62+)  
$0.50 students (ages: 5-18)  
Transfers - $0.50  
Free for children under 5
K. **Opportunities for Otsego**  
Wheels to Work  
(607) 433-8335 ext. 5

Transportation assistance program designed to support income eligible households in acquiring safe, reliable transportation so adults may get to and from work. The program helps low-income adults to acquire employment and keep working, by coordinating the purchase of affordable/used vehicles, offering financial assistance for vehicle repairs, and general financial management skills.

To qualify for assistance, applicants must demonstrate the need for transportation assistance in order to obtain and/or retain employment and be a resident of Otsego County, employed or participating in a job training, receiving TANF services, or under 200% federal poverty rate.

L. **Otsego Express (GUS the Bus)**  
928 County Highway 27  
Richfield Springs, NY 13439  
1-(800) 388-9853  
Website: [www.otsegoexpress.com/](http://www.otsegoexpress.com/)  
Cost: $1.00 adults  
$ 0.50 seniors age 60+  
free under age 6

Public transportation on several routes throughout Otsego County, handicapped accessible with 24 hour notice. Monthly passes, senior citizen discounts, single trip fare. Zoned service provides “dial-a-ride” pick-up/drop-off on certain days. View their website or call for rates, routes and/or schedules.

M. **Tri Town Taxi**  
53 River St.  
Sidney, NY 13838  
(607) 563-9393

N. **Veterans Service Agency, Otsego County**  
197 Main Street  
Cooperstown, NY 13326  
(607) 547-4224  
Hours: Monday – Thursday: 9:00 AM – 3:00 PM  
Website: [www.otsegocounty.com/depts/vet/VATransportation.htm](http://www.otsegocounty.com/depts/vet/VATransportation.htm)

The VA Agency of Otsego County provides assistance to veterans and their families in understanding and applying for veterans’ benefits. They operate a
passenger vehicle Tuesday thru Friday from various Otsego County locations to the VA hospital in Albany and back for ALL veterans, plus some Social Services, Medical Assistance recipients by prior arrangement. Pick up points in Oneonta and other communities. Call to make a reservation. IT IS VERY IMPORTANT THAT ALL VETERANS SEEKING TRANSPORTATION CONTACT THE DRIVER A MINIMUM OF TWO (2) DAYS IN ADVANCE OF THE SCHEDULED APPOINTMENT.

Contact Ward Goodale, Driver, at (607) 267-8571 or (315) 264-3995.
## SECTION 12: TELEPHONE/WEBSITE INDEX - ALPHABETICALLY

<table>
<thead>
<tr>
<th>AGENCY</th>
<th>PHONE</th>
<th>WEBSITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABC Taxi</td>
<td>(607) 437-5267</td>
<td><a href="http://www.oneonta-ny-taxi.com">www.oneonta-ny-taxi.com</a></td>
</tr>
<tr>
<td>ACCESS Pass NYS Parks</td>
<td>(518) 474-2324</td>
<td><a href="http://www.nysparks.com">www.nysparks.com</a></td>
</tr>
<tr>
<td>A&amp;D Taxi</td>
<td>(607) 433-1726</td>
<td><a href="http://www.adtransportservices.com">www.adtransportservices.com</a></td>
</tr>
<tr>
<td>Adirondack Trailways</td>
<td>1-800-858-8555</td>
<td><a href="http://www.trailwaysny.com">www.trailwaysny.com</a></td>
</tr>
<tr>
<td>Afton - Adult Education</td>
<td>(607) 639-8200</td>
<td><a href="http://www.afton.stier.org">www.afton.stier.org</a></td>
</tr>
<tr>
<td>AIDS Services Catholic Charities</td>
<td>(607) 432-0061</td>
<td><a href="http://www.ccrcda.org">www.ccrcda.org</a></td>
</tr>
<tr>
<td>Al-Anon Otsego</td>
<td></td>
<td><a href="http://www.nynafg.com">www.nynafg.com</a></td>
</tr>
<tr>
<td>Albany Medical Center Perinatal</td>
<td>(518) 262-8447</td>
<td><a href="http://www.amc.edu">www.amc.edu</a></td>
</tr>
<tr>
<td>American Cancer Society</td>
<td>(607) 563-9634</td>
<td><a href="http://www.cancer.org">www.cancer.org</a></td>
</tr>
<tr>
<td>American Red Cross</td>
<td></td>
<td>(607) 785-7207</td>
</tr>
<tr>
<td>Southern Tier Region</td>
<td><a href="http://www.southerntierredcross.com">www.southerntierredcross.com</a></td>
<td></td>
</tr>
<tr>
<td>A.O. Fox Hospital</td>
<td>(607) 432-2000</td>
<td><a href="http://www.bassett.org/ao-fox-hospital">www.bassett.org/ao-fox-hospital</a></td>
</tr>
<tr>
<td>FoxCare</td>
<td>(607) 432-5600</td>
<td></td>
</tr>
<tr>
<td>FoxNow Walk-in</td>
<td>(607) 431-5052</td>
<td></td>
</tr>
<tr>
<td>Nutrition Services</td>
<td>(607) 431-5181</td>
<td></td>
</tr>
<tr>
<td>ARC Otsego</td>
<td>(607) 432-8595</td>
<td><a href="http://www.arcotsego.org">www.arcotsego.org</a></td>
</tr>
<tr>
<td>Association for Vision Rehabilitation</td>
<td>(607) 724-2428</td>
<td><a href="http://www.avreus.org">www.avreus.org</a></td>
</tr>
<tr>
<td>At Home Care</td>
<td>(607) 432-7924</td>
<td></td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-227-2345</td>
<td></td>
</tr>
<tr>
<td>BASSETT HEALTHCARE</td>
<td>(607) 547-3456</td>
<td><a href="http://www.bassett.org">www.bassett.org</a></td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-227-7388</td>
<td></td>
</tr>
<tr>
<td>Childbirth Classes</td>
<td>(607) 547-3535</td>
<td></td>
</tr>
<tr>
<td>Child Health Insurance Program (CHIP)</td>
<td>(607) 433-4036</td>
<td></td>
</tr>
<tr>
<td>toll-free</td>
<td>1-866-348-1477</td>
<td></td>
</tr>
<tr>
<td>HIV Testing</td>
<td>(607) 433-1790</td>
<td></td>
</tr>
<tr>
<td>Social Work Services</td>
<td>(607) 547-3640</td>
<td></td>
</tr>
<tr>
<td>Psychiatry</td>
<td>(607) 547-3500</td>
<td></td>
</tr>
<tr>
<td><strong>Nutritional Services</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cobleskill</td>
<td>(518) 254-3456</td>
<td></td>
</tr>
<tr>
<td>Cooperstown</td>
<td>(607) 547-3456</td>
<td></td>
</tr>
<tr>
<td>Delhi</td>
<td>(607) 746-0300</td>
<td></td>
</tr>
<tr>
<td>Herkimer</td>
<td>(315) 867-2700</td>
<td></td>
</tr>
<tr>
<td>Little Falls</td>
<td>(315) 823-1000</td>
<td></td>
</tr>
<tr>
<td>Oneonta</td>
<td>(607) 433-6300</td>
<td></td>
</tr>
<tr>
<td><strong>Outpatient Clinics</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cherry Valley Community Health Cntr</td>
<td>(607) 264-3036</td>
<td></td>
</tr>
<tr>
<td>Cooperstown Primecare</td>
<td>(607) 547-3456</td>
<td></td>
</tr>
<tr>
<td><strong>Bassett Outpatient Clinics</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cooperstown Pediatrics</td>
<td>(607) 547-3290</td>
<td></td>
</tr>
<tr>
<td>Cooperstown OBGYN</td>
<td>(607) 547-3160</td>
<td></td>
</tr>
<tr>
<td>Edmeston/Burlington</td>
<td>(607) 965-8900</td>
<td></td>
</tr>
<tr>
<td>Service Name</td>
<td>Phone Number</td>
<td></td>
</tr>
<tr>
<td>-------------------------------------------</td>
<td>--------------------</td>
<td></td>
</tr>
<tr>
<td>Hartwick Seminary Specialty Serv.</td>
<td>(607) 547-7646</td>
<td></td>
</tr>
<tr>
<td>Morris</td>
<td>(607) 263-5111</td>
<td></td>
</tr>
<tr>
<td>Oneonta - Main St.</td>
<td>(607) 433-1792</td>
<td></td>
</tr>
<tr>
<td>Oneonta Family Practice</td>
<td>(607) 432-1163</td>
<td></td>
</tr>
<tr>
<td>Oneonta Specialty</td>
<td>(607) 433-6300</td>
<td></td>
</tr>
<tr>
<td>Southside Family Practice</td>
<td>(607) 431-5191</td>
<td></td>
</tr>
<tr>
<td>Susquehanna Family Practice</td>
<td>(607) 431-5757</td>
<td></td>
</tr>
<tr>
<td>Otego Family Health Center</td>
<td>(607) 988-2854</td>
<td></td>
</tr>
<tr>
<td>Richfield Springs</td>
<td>(315) 858-0040</td>
<td></td>
</tr>
<tr>
<td>Sidney Health Center</td>
<td>(607) 561-2021</td>
<td></td>
</tr>
<tr>
<td>Sidney Primary Care</td>
<td>(607) 563-8022</td>
<td></td>
</tr>
<tr>
<td>Unadilla</td>
<td>(607) 369-2271</td>
<td></td>
</tr>
<tr>
<td>West Winfield</td>
<td>(315) 822-6348</td>
<td></td>
</tr>
<tr>
<td>Worcester Southeastern Health Cntr</td>
<td>(607) 397-8783</td>
<td></td>
</tr>
</tbody>
</table>

**Outreach Hospitals**

<table>
<thead>
<tr>
<th>Hospital Name</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cobleskill Regional</td>
<td>(518) 254-3456</td>
</tr>
<tr>
<td>Little Falls Hospital</td>
<td>(315) 823-1000</td>
</tr>
<tr>
<td>O'Connor Hospital</td>
<td>(607) 746-0300</td>
</tr>
<tr>
<td>Tri-Town Regional</td>
<td>(607) 563-7080</td>
</tr>
</tbody>
</table>

**School-Based Health Centers**

<table>
<thead>
<tr>
<th>Center Name</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cooperstown</td>
<td>(607) 547-5069</td>
</tr>
<tr>
<td></td>
<td>(607) 547-1105</td>
</tr>
<tr>
<td>Edmeston</td>
<td>(607) 965-6930</td>
</tr>
<tr>
<td>Laurens</td>
<td>(607) 432-2050</td>
</tr>
<tr>
<td>ext: 1300</td>
<td></td>
</tr>
<tr>
<td>Milford</td>
<td>(607) 286-7909</td>
</tr>
<tr>
<td>Morris</td>
<td>(607) 263-2619</td>
</tr>
<tr>
<td>Schenevus</td>
<td>(607) 638-5402</td>
</tr>
<tr>
<td>Unadilla Valley</td>
<td>(607) 847-6050</td>
</tr>
<tr>
<td>Worcester</td>
<td>(607) 397-1013</td>
</tr>
<tr>
<td>Big Buddies Program</td>
<td>(607) 746-1600</td>
</tr>
<tr>
<td>BOCES-DCMO Norwich</td>
<td>(607) 335-1438</td>
</tr>
<tr>
<td>BOCES-DCMO Sidney</td>
<td>(607) 335-1439</td>
</tr>
<tr>
<td>BOCES Herkimer County</td>
<td>(315) 867-2000</td>
</tr>
<tr>
<td>BOCES - Otsego Area Occ. Center</td>
<td>(607) 286-7715</td>
</tr>
<tr>
<td>BOCES-SESIS Herkimer</td>
<td>(315) 867-2000</td>
</tr>
<tr>
<td>Otsego</td>
<td>(607) 286-3337</td>
</tr>
<tr>
<td>Norwich</td>
<td>(607) 335-1200</td>
</tr>
<tr>
<td>Sidney</td>
<td>(607) 865-2500</td>
</tr>
<tr>
<td>Boy Scouts of America - Otschodela</td>
<td>(607) 432-6491</td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-778-6813</td>
</tr>
<tr>
<td>Brain Injury Association of NYS</td>
<td>(518) 459-7911</td>
</tr>
<tr>
<td>family helpline</td>
<td>1-800-228-8201</td>
</tr>
<tr>
<td>Broome Developmental Services-BDS</td>
<td>(607) 771-7210</td>
</tr>
<tr>
<td>High Risk Birth Clinic</td>
<td>(607) 729-1295</td>
</tr>
<tr>
<td>BDS -Otsego Regional Center</td>
<td>(607) 432-8860</td>
</tr>
<tr>
<td>Bugbee Children’s Center</td>
<td>(607) 436-2484</td>
</tr>
<tr>
<td>Building Healthy Families (OFO)</td>
<td>(607) 433-0444</td>
</tr>
<tr>
<td>Catholic Charities of Delaware/Otsego</td>
<td>(607) 432-0061</td>
</tr>
<tr>
<td>Delaware County (Sidney)</td>
<td>(607) 604-4071</td>
</tr>
<tr>
<td>Service</td>
<td>Phone</td>
</tr>
<tr>
<td>-----------------------------------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Schoharie County (Cobleskill)</td>
<td>(518) 234-3581</td>
</tr>
<tr>
<td>Child Care Connection</td>
<td>1-866-814-1117</td>
</tr>
<tr>
<td>Catskill Area Hospice</td>
<td>(607) 432-5525</td>
</tr>
<tr>
<td>Catskill Center for Independence</td>
<td>(607) 432-8000</td>
</tr>
<tr>
<td>Catskill Rural AIDS Services</td>
<td>(607) 436-9554</td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-976-2727</td>
</tr>
<tr>
<td>CDO Workforce-NYS Job Service</td>
<td>(607) 432-4800</td>
</tr>
<tr>
<td>Child Abuse State Hotline</td>
<td>1-800-342-3720</td>
</tr>
<tr>
<td>Child Health Plus/Family Health Plus</td>
<td>1-800-231-0744</td>
</tr>
<tr>
<td>Citizens Action Fuel Group</td>
<td>1-800-559-4645</td>
</tr>
<tr>
<td>Clark Foundation - Scholarships</td>
<td>(607) 547-9927</td>
</tr>
<tr>
<td>Clark Sports Center</td>
<td>(607) 547-2800</td>
</tr>
<tr>
<td>Community Maternity Services</td>
<td>(607) 432-0061</td>
</tr>
<tr>
<td>Family Planning of South Central NY</td>
<td>1-800-230-7526</td>
</tr>
<tr>
<td>Excelsior College</td>
<td>(518) 464-8500</td>
</tr>
<tr>
<td>Family Resource Network</td>
<td>1-800-305-8814</td>
</tr>
<tr>
<td>Family Services Association</td>
<td>(607) 432-2870</td>
</tr>
<tr>
<td>FOOD PANTRIES</td>
<td></td>
</tr>
<tr>
<td>Burlington Flats- local area only</td>
<td>(607) 965-8914</td>
</tr>
<tr>
<td>Cherry Valley- local area only</td>
<td>(607) 264-3306</td>
</tr>
<tr>
<td>Cooperstown - Northern Otsego only</td>
<td>(607) 547-8902</td>
</tr>
<tr>
<td>Edmeston - local area only</td>
<td>(607) 965-8258</td>
</tr>
<tr>
<td>Gilbertsville-by referral only</td>
<td>(607) 783-2862</td>
</tr>
<tr>
<td>Laurens-Presbyterian</td>
<td>(607) 432-3738</td>
</tr>
<tr>
<td>Lauren's - St. Matthew's</td>
<td>(607) 432-9120</td>
</tr>
<tr>
<td>Mt. Upton - local area only</td>
<td>(607) 764-8365</td>
</tr>
<tr>
<td>New Berlin</td>
<td>(607) 847-6361</td>
</tr>
<tr>
<td>Oneonta-St. James</td>
<td>(607) 432-1458</td>
</tr>
<tr>
<td>Oneonta -St. Mary's</td>
<td>(607) 432-3920</td>
</tr>
<tr>
<td>Oneonta -Salvation Army</td>
<td>(607) 432-5960</td>
</tr>
<tr>
<td>Otego - local area only</td>
<td>(607) 604-4370</td>
</tr>
<tr>
<td>Richfield Springs</td>
<td>(315) 858-0667</td>
</tr>
<tr>
<td>Schenevus- local area only</td>
<td>(607) 638-5509</td>
</tr>
</tbody>
</table>

102
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone/Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unadilla - local area only</td>
<td>(607) 638-5628</td>
</tr>
<tr>
<td>Worcester - local area only</td>
<td>(607) 397-1802</td>
</tr>
<tr>
<td>Friends of Recovery-Turning Point</td>
<td>(607) 267-4437  <a href="http://www.friendsofrecoverydo.org">www.friendsofrecoverydo.org</a></td>
</tr>
<tr>
<td>Gary's Taxi</td>
<td>(518) 673-3974</td>
</tr>
<tr>
<td>Girl Scouts - Indian Hills Council</td>
<td>1-800-943-4414  <a href="http://www.gsnypenn.org">www.gsnypenn.org</a></td>
</tr>
<tr>
<td>Greyhound Bus</td>
<td>1-800-231-2222</td>
</tr>
<tr>
<td>Habitat for Humanity-Otsego</td>
<td>(607) 432-7874</td>
</tr>
<tr>
<td>HEAP</td>
<td>(607) 267-4437</td>
</tr>
<tr>
<td>Otsego DSS</td>
<td>(607) 547-1622</td>
</tr>
<tr>
<td>Otsego OFA</td>
<td>(607) 547-4232</td>
</tr>
<tr>
<td>Hill City Taxi</td>
<td>(607) 433-2227</td>
</tr>
<tr>
<td>HOLIDAY BASKETS</td>
<td></td>
</tr>
<tr>
<td>Family Services Assoc.</td>
<td>(607) 432-2870</td>
</tr>
<tr>
<td>Kennedy Willis Center/Down Syndrome</td>
<td>(607) 965-8377  <a href="http://www.pathfindervillage.org">www.pathfindervillage.org</a></td>
</tr>
<tr>
<td>ext: 117</td>
<td></td>
</tr>
<tr>
<td>Kids Unlimited Preschool</td>
<td>(607) 353-7272</td>
</tr>
<tr>
<td>La Leche League - Breastfeeding</td>
<td>(607) 638-9058  <a href="http://www.lli.org">www.lli.org</a></td>
</tr>
<tr>
<td>LEAF Council on Addictions</td>
<td>(607) 432-0090</td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-339-1894</td>
</tr>
<tr>
<td>Legal Aid Society, Inc.</td>
<td></td>
</tr>
<tr>
<td>Oneonta</td>
<td>(607) 821-9895</td>
</tr>
<tr>
<td>Binghamton</td>
<td>(607) 231-5900</td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-821-9895</td>
</tr>
<tr>
<td>Legal Aid - Victims of Domestic Violence, Sexual Assault &amp; Stalking</td>
<td>(607) 433-2600</td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-821-9895</td>
</tr>
<tr>
<td>help-line</td>
<td>1-877-777-6152</td>
</tr>
<tr>
<td>Medicaid</td>
<td>(607) 547-1700</td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-422-2512</td>
</tr>
<tr>
<td>Medicaid Transportation</td>
<td>1-800-333-1030</td>
</tr>
<tr>
<td>Mental Health Assoc. of Ulster County</td>
<td>(607) 433-0700  <a href="http://www.mhainulster.com/services">www.mhainulster.com/services</a></td>
</tr>
<tr>
<td>Mothers &amp; Babies Parinatal Network</td>
<td>(607) 772-0517  <a href="http://www.mothersandbabies.org">www.mothersandbabies.org</a></td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-231-0744</td>
</tr>
<tr>
<td>NYSEG emergency</td>
<td>1-800-572-1131</td>
</tr>
<tr>
<td>credit assistance/payment arrangements</td>
<td>1-888-315-1755</td>
</tr>
<tr>
<td>NYSERDA</td>
<td>1-866-697-3732</td>
</tr>
<tr>
<td>NYS Bar Association</td>
<td>1-800-342-3661</td>
</tr>
<tr>
<td>NYS Child Abuse/Maltreatment hotline</td>
<td>1-800-342-3720</td>
</tr>
<tr>
<td>NYS Child Support Helpline</td>
<td>1-888-208-4485</td>
</tr>
<tr>
<td>NYS-CQCAPD</td>
<td>1-800-624-4143</td>
</tr>
<tr>
<td>NYS Div. of Human Rights</td>
<td>1-888-392-3644</td>
</tr>
<tr>
<td>NYS Food Stamp Hotline</td>
<td>1-800-342-3009</td>
</tr>
<tr>
<td>NYS HIV/AIDS Hotline</td>
<td>1-800-962-5065</td>
</tr>
<tr>
<td>NYS Smokers Quitline</td>
<td>1-866-697-8487</td>
</tr>
<tr>
<td>NY State Kinship Navigator</td>
<td>1-877-454-6463</td>
</tr>
<tr>
<td>NYS Public Service Commission</td>
<td>1-800-342-3355</td>
</tr>
<tr>
<td>NY State Kinship Navigator</td>
<td>1-877-454-6463</td>
</tr>
<tr>
<td><a href="http://www.nysnavigator.org">www.nysnavigator.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.lli.org">www.lli.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.geometryinc.org">www.geometryinc.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.lli.org">www.lli.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.leafinc.org">www.leafinc.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.greyhound.com">www.greyhound.com</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.habitatotsego.org">www.habitatotsego.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.lli.org">www.lli.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.lli.org">www.lli.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.habitatotsego.org">www.habitatotsego.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.greyhound.com">www.greyhound.com</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.habitatotsego.org">www.habitatotsego.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.greyhound.com">www.greyhound.com</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.habitatotsego.org">www.habitatotsego.org</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.greyhound.com">www.greyhound.com</a></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.habitatotsego.org">www.habitatotsego.org</a></td>
<td></td>
</tr>
<tr>
<td>Service</td>
<td>Phone Number</td>
</tr>
<tr>
<td>-------------------------------------</td>
<td>---------------</td>
</tr>
<tr>
<td>Oneonta Adult Education</td>
<td>(607) 432-8200</td>
</tr>
<tr>
<td>Oneonta Boys and Girls Club</td>
<td>(607) 432-1133</td>
</tr>
<tr>
<td>Oneonta Bus Terminal</td>
<td>(607) 432-2661</td>
</tr>
<tr>
<td>Oneonta City Code Enforcement</td>
<td>(607) 433-3435</td>
</tr>
<tr>
<td>Oneonta City Housing Authority</td>
<td>(607) 432-0170</td>
</tr>
<tr>
<td>Oneonta City Water Treatment Facility</td>
<td>(607) 433-3470</td>
</tr>
<tr>
<td>Oneonta Community Alliance for Youth</td>
<td>(607) 433-2009</td>
</tr>
<tr>
<td>Oneonta Family YMCA</td>
<td>(607) 432-0010</td>
</tr>
<tr>
<td>Oneonta Job Corps Academy</td>
<td>(607) 433-2211</td>
</tr>
<tr>
<td>Oneonta Police Explorer’s Post 1908</td>
<td>(607) 432-1111</td>
</tr>
<tr>
<td>Oneonta Public Transit - OPT</td>
<td>(607) 432-7100</td>
</tr>
<tr>
<td>Opportunities for Otsego</td>
<td>(607) 433-8000</td>
</tr>
<tr>
<td>Oneonta Clinic</td>
<td></td>
</tr>
<tr>
<td>Otsego Adopt, Inc.</td>
<td>(315) 858-0304</td>
</tr>
<tr>
<td>Otsego Area School Practical Nursing</td>
<td>(607) 431-2562</td>
</tr>
<tr>
<td>Otsego Chemical Dependency Clinic</td>
<td>(607) 547-1600</td>
</tr>
<tr>
<td>Otsego Clinic</td>
<td>(607) 431-1030</td>
</tr>
<tr>
<td>Otsego County Code Enforcement</td>
<td>(607) 547-4320</td>
</tr>
<tr>
<td>Otsego County Dept. of Health</td>
<td></td>
</tr>
<tr>
<td>TTD</td>
<td>(607) 547-7552</td>
</tr>
<tr>
<td>Lead Poison Prevention</td>
<td>(607) 547-4230</td>
</tr>
<tr>
<td>PHN after hours</td>
<td>(607) 547-1697</td>
</tr>
<tr>
<td>Otsego County Dept. Social Services</td>
<td></td>
</tr>
<tr>
<td>toll-free</td>
<td>1-800-422-2512</td>
</tr>
<tr>
<td>Services</td>
<td>(607) 547-4355</td>
</tr>
<tr>
<td>Fair Hearings</td>
<td>1-800-342-3334</td>
</tr>
<tr>
<td>Otsego County Family Court</td>
<td>(607) 547-4264</td>
</tr>
<tr>
<td>Otsego County Mental Health - adults</td>
<td>(607) 433-2343</td>
</tr>
<tr>
<td>under age 18</td>
<td>(607) 433-2334</td>
</tr>
<tr>
<td>Otsego County Office for Aging</td>
<td>(607) 547-4232</td>
</tr>
<tr>
<td>Oneonta office</td>
<td>(607) 432-9041</td>
</tr>
<tr>
<td>Otsego County Office of Employment</td>
<td>(607) 432-4800</td>
</tr>
<tr>
<td>Otsego County Probation Dept.</td>
<td>(607) 547-4216</td>
</tr>
<tr>
<td>Otsego County Sheriff Dept.</td>
<td>(607) 547-4271</td>
</tr>
<tr>
<td>Otsego County Surrogate Court</td>
<td>(607) 547-4338</td>
</tr>
<tr>
<td>Otsego County Treatment Court</td>
<td>(607) 547-7510</td>
</tr>
<tr>
<td>toll-free</td>
<td>1-866-571-9075</td>
</tr>
<tr>
<td>Coordinator, Leo Giovagnoli</td>
<td>(607) 547-4375</td>
</tr>
<tr>
<td>Otsego County Youth Bureau</td>
<td>(607) 547-4329</td>
</tr>
<tr>
<td>Otsego Express - GUS the BUS</td>
<td>1-800-388-9853</td>
</tr>
<tr>
<td>Otsego Rural Asst. Inc. (Milford)</td>
<td>(607) 286-7244</td>
</tr>
<tr>
<td>Service</td>
<td>Phone Number</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>----------------</td>
</tr>
<tr>
<td>Otsego Rural Housing Authority</td>
<td>(607) 547-8839</td>
</tr>
<tr>
<td>Parent to Parent of NYS</td>
<td>(607) 786-9060</td>
</tr>
<tr>
<td>Prevention Info Resource Center</td>
<td>518-445-1273</td>
</tr>
<tr>
<td>Rehabilitation Support Services (RSS)</td>
<td>(607) 433-0002</td>
</tr>
<tr>
<td>Rural 3 for Tobacco Free Comm.</td>
<td>1-866-378-7253</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>(607) 432-5960</td>
</tr>
<tr>
<td>Saturday's Bread/1st United Methodist</td>
<td>(607) 432-0803</td>
</tr>
<tr>
<td>Single Room Occupancy Housing</td>
<td>(607) 436-9250</td>
</tr>
<tr>
<td>Southern Tier AIDS Program (STAP)</td>
<td>(607) 432-6654</td>
</tr>
<tr>
<td>Otsego/Delaware toll-free</td>
<td>1-888-895-7264</td>
</tr>
<tr>
<td>Springbrook</td>
<td>(607) 286-7171</td>
</tr>
<tr>
<td>Early Intervention</td>
<td>(607) 353-7272</td>
</tr>
<tr>
<td>Saturday Recreation Program</td>
<td>(607) 353-7272</td>
</tr>
<tr>
<td>Services Coordinator HCBW</td>
<td>(607) 353-7272</td>
</tr>
<tr>
<td>SUCO Counseling Center</td>
<td>(607) 436-3368</td>
</tr>
<tr>
<td>SUNY Oneonta Continuing Education</td>
<td>(607) 436-2548</td>
</tr>
<tr>
<td>SUNY Oneonta Ed. Opportunities</td>
<td>(607) 436-2496</td>
</tr>
<tr>
<td>TTY</td>
<td>(607) 433-6607</td>
</tr>
<tr>
<td>The Children's Center (OFO)</td>
<td>(607) 322-3139</td>
</tr>
<tr>
<td>The Lord's Table - St. James Episc.</td>
<td>(607) 432-1458</td>
</tr>
<tr>
<td>The ZONE- Richfield Community Cntr</td>
<td>(315) 858-0938</td>
</tr>
<tr>
<td>Tri-Town Taxi</td>
<td>(607) 563-9393</td>
</tr>
<tr>
<td>UHS Primecare - Oneonta</td>
<td>(607) 433-3484</td>
</tr>
<tr>
<td>USDA Rural Development - Otsego</td>
<td>(518) 295-8600</td>
</tr>
<tr>
<td>Veteran's Affairs- New York State</td>
<td>(607) 432-4190</td>
</tr>
<tr>
<td>Veterans Affairs - Otsego County</td>
<td>(607) 547-4224</td>
</tr>
<tr>
<td>Veteran's Hospital VAN</td>
<td>(607) 267-8571</td>
</tr>
<tr>
<td>Violence Intervention Program (OFO)</td>
<td>(607) 433-8038</td>
</tr>
<tr>
<td>24 hour hotline</td>
<td>(607) 432-4855</td>
</tr>
<tr>
<td>Weatherization (OFO)</td>
<td>(607) 433-0444</td>
</tr>
<tr>
<td>Women, Infant &amp; Children (WIC)</td>
<td>(607) 433-8071</td>
</tr>
</tbody>
</table>