| Language & Literacy                  | Infants: *Wake Up, Sleepy Bear!*; sing lullabies & rhyming songs; talk during routines; puppet talk; “pat-a-cake”  
|                                    | Toddlers: *In the Quiet, Noisy Woods*; *Mama’s Little Bears*; talk during routines; sing rhyming songs; play music  
|                                    | Preschoolers: *In Woods & Forests*; *In Fields & Meadows*; Magna Doodle; alphabet game; alphabet blocks  
|                                    | School Age Children: *Who’s Been Here? A Tale in Tracks*; quilt thank you notes; journal writing; “Boggle”  |
| Cognitive                         | Infants: *Little Owl’s 1-2-3*; hide small toys under cloth; stacking, dangling, and rattling toys; “peek-a-boo”  
|                                    | Toddlers: *Ten in the Meadow*; forest animal matching; puzzles with knobs; foam blocks; shape sorter  
|                                    | Preschoolers: *Footprints in the Sand*; *Big Tracks, Little Tracks*; animal track matching; take-home activity kits  
|                                    | School Age Children: *Tracks in the Wild*; *Wild Tracks!*; animal track puzzles and word search; activity kits  |
| Physical: Small & Large Motor     | Infants: Tummy time; mirror play; hold baby and dance to music; offer small toys to grasp; ball play  
|                                    | Toddlers: Dancing to music; ball play; unit blocks; playdough; shape sorter; large crayons with paper  
|                                    | Preschoolers: Music & dance; Don’t Break the Ice; play dough; puzzles; manipulatives; open-ended crafts  
|                                    | School Age Children: “Simon Says”; Jenga; dancing to music; Lego building; puzzles; open-ended crafts  |
| Social                            | Infants: *Babies in the Forest*; peek-a-boo; face-to-face with other infants or adult; soft doll play; blow bubbles  
|                                    | Toddlers: *Making Friends!*; tents and tunnel play; musical instruments parade; doll house play; activity tower  
|                                    | Preschoolers: *When You Need a Friend*; doll house; career costumes; kitchen work; laundry; board games  
|                                    | School Age Children: *Bear Snores On*; board and card games; *Pet Clinic*; doll house play; finger puppet show  |
| Emotional                         | Infants: *Baby’s Feelings*; describe baby’s feelings; mirror facial expressions; encourage exploration and play  
|                                    | Toddlers: *No Hugs for Porcupine*; “When You’re (emotion) and You Know It”; sensory bottles; blow bubbles  
|                                    | Preschoolers: *Grumpy Bird; I Feel (emotions)*; “Dragon Hunt” yoga; “Balloon Relaxation”; sensory bottles  
|                                    | School Age Children: *The Way I Feel*; “Dragon Hunt” yoga; “Balloon Relaxation”; journal writing  |