Community Meal Sites

Free and “by donation” meal are located in several communities in Otsego County. No reservations are required, expect for senior meal sites.

Oneonta
The Lord’s Table
St. James’ Episcopal Church
18 Elm Street, Oneonta 13820
Meals served Monday-Friday, 4:30 – 6:00 PM

ROMEO (Retired Old Men Eating Out)
Elm Park United Methodist Church
401 Chestnut Street, Oneonta 13820
Every Monday at 7:45 AM (year-round including holidays)
$2.00/person; Men any age are welcome.

Salvation Army Church
“Meal with a Message”
25 River Street, Oneonta 13820
Meals served on Sundays, 4:00 – 5:00PM

Saturday’s Bread
First United Methodist Church
66 Chestnut Street, Oneonta 13820
Meals served on Saturdays, 11:00AM – 1:00PM

Unadilla
Free Community Breakfast
Unadilla United Methodist Church
170 Main Street, Unadilla 13849
Every Third Saturday of the Month, 9:00 AM – 11:00 AM
Free/Donations appreciated

Senior Meal Sites
Senior meal sites are located in Cherry Valley, Garrettsville, Oneonta, Richfield Springs, and Unadilla.
Day and time of operation vary on the site.
Advanced reservations are required.
Suggested donation $3.50
Contact the Otsego County Office for the Aging for details: 607.547.4232

Holiday Dinner Community Resources

All services are available to eligible persons regardless of race, ethnicity, religion, language, ability, or sexual orientation.

607.433.8000 | 800.986.5463
Holiday Food Baskets, Holiday Meals & Delivery, Community Food Pantries, Nutritional Programs

For more information contact OFO at:
607.433.8000 or 800.986.5463
Monday – Friday
8:00 AM – 5:00 PM
**Nutritional Programs**

The following programs may help with access to nutrition/food throughout the year. Please contact them for details:

**SNAP/Food Stamps**
- Eligibility: Based on household income
- Offers: Electronic benefit card that can be used like cash to purchase food.
  - Call the Otsego County Department of Social Services: 607.547.1700 or 1.800.422.2512
  - Apply Online: [https://mybenefits.ny.gov](https://mybenefits.ny.gov)

**WIC (Women, Infants, and Children)**
- Eligibility: Low-income pregnant, postpartum women, and families with children under the age of 5 years old
- Offers: Checks for healthy foods, infant formula, baby food, and Farmers' Market coupons.
  - Call Opportunities for Otsego: 607.433.8071

**Office of the Aging**
- Eligibility: Age 60 and over
- Offers: Home delivered meals, senior meal locations, and Farmers Market coupons.
  - Call Cooperstown: 607.547.4232
  - Call Oneonta: 607.432.9041

**Holiday Food Baskets**
Available from the following agencies in November and/or December. Please contact them for details:
- Family Service Association: 607.432.2870
- Salvation Army: 607.432.5960

**Holiday Meals/Delivery**
The following holiday meals are available in the Oneonta area. Please call for details and/or to arrange for meal delivery:
- Thanksgiving Dinner
  - Sponsored by St. Mary's Parish: 607.432.3920, ext. 212
- Friends of Christmas Dinner
  - First United Methodist Church: 607.432.4102

**Community Food Pantries**
Many local food pantries organize holiday food baskets for community members. Please reach out to your local pantry to see if they can provide assistance:
- Burlington Flats - Burlington Flats Food Pantry at the First Baptist Church: 607.965.8914
- Cherry Valley - Daily Bread Food Pantry at the Community Center: Tues. (9AM-Noon), Sat. (10 AM-1PM)
- Cooperstown - Ecumenical Food Pantry at the First Presbyterian Church: 607.547.8902
- Edmeston - Second Baptist Church Food Pantry located at 7 North Street: 607.965.8540
- Gilbertsville - Butternut Valley Food Pantry at Christ Church Episcopal: 607.783.2267
- Hartwick - United Methodist Food Pantry located at 3080 County Highway 11 (West Main Street): Mon, Weds, Thurs 10AM- Noon
- Laurens - St. Matthew Lutheran Food Pantry: 607.432.9120
- Maryland - Southern Baptist Church located at 7575 State Highway 7: 607.638.5452
- Milford - Milford Food Pantry at the American Legion: Sat. (9:30AM–11:30AM)
- Mount Upton - United Methodist Church Food Pantry at 1739 State Highway 8: By Appointment
- New Berlin - St. Andrews’ Episcopal Food Pantry at 42 South Main Street: 607.334.8803
- Oneonta - Loaves & Fishes Food Pantry at St. James’ Episcopal Church: 607.432.1458 or 607.432.3558
- Oneonta - St. Mary’s Roman Catholic Food Pantry at 38 Walnut Street: 607.432.3920, extension 212
- Oneonta - Salvation Army Food Pantry at 25 River Street: 607.432.5960
- Otsego - Otsego Community Food Pantry at 290 Main Street: Thur. (3:15PM-5:15 PM), Sat. (11AM-1PM)
- Richfield Springs - Church of Christ Uniting Food Pantry at 22 Church Street: 315.858.1553
- Schenevus - Tri-Valley Food Pantry at United Methodist Church: 607.638.5509
- Unadilla - Unadilla Community Food Pantry at 170 Main Street: 607.369.2416
- West Oneonta - Edith’s Cupboard at the West Oneonta Baptist Church: 607.432.2290
- Worcester - First Presbyterian Church Food Pantry at 174 Main Street: By Appointment

For more information on community pantries and meal programs in Otsego County, visit the Otsego County Hunger Coalition website [otsegohunger.com](http://otsegohunger.com)