



# TCC HAPPENINGS



Winter 2018

## Hot Cocoa

- 1 tablespoon white sugar
  - 1 teaspoon unsweetened cocoa
  - 16 ounces milk
  - mini marshmallows
- Mix sugar and cocoa. Heat milk and pour into two mugs. Stir 2 teaspoons cocoa mix into each mug. Top with mini marshmallows.



## **Melted Snowman Collage**

*Source: Pinterest.com*

## Library Story Programs

**Huntington Memorial Library** (Oneonta), 607-432-1980  
Tuesday, Wednesday, & Thursday, 9:30-10:15 (various ages); registration required

**Harris Memorial Library** (Otego), 607-988-6661  
Tuesday, 10:30-11:00 (preschoolers)

**Richfield Springs Public Library**, 315-858-0230  
Thursday, 4:00-5:00 (grades K-5)

**Springfield Library**, 315-858-5802, Wednesday, 10:00

**Cooperstown Village Library**, 607-547-8344  
Wednesday, 10:30-11:30

**Kinney Memorial Library** (Hartwick), 607-293-6600  
Mondays at 10:30



## Dental Care Fun

- Brush and floss together
- Let child choose a toothbrush and toothpaste
- Use a two minute egg timer
- Watch dental books or videos
- Use a gold star or sticker chart
- Offer a surprise activity after dental appointment

*Source: colgate.com*

(We will be sending Colgate tooth brushing kits home with children during the month of February.)

## 10 Ways Babies Learn When We Sing to Them

By Cathy Fink and Marcy Marxer

- **Bonding**—Babies will bond with you and your voice.
- **Transitions**—Songs help babies know what comes next.
- **Language**—Babies learn about words, language, and communication.
- **New words**—Songs introduce new vocabulary.
- **Rhythm and rhyme**—Babies learn to recognize rhymes and rhythms.



- **Play**—Singing is a great way to play with babies.
- **Family fun**—Singing helps older siblings to welcome the new baby.
- **Singing names**—Babies learn their name by hearing it in songs.
- **Listening skills**—Singing is an activity that requires listening.
- **Love**—Use your singing voice to show love.

Source: NAEYC for Families

Here's our new Children's Center Associate, Gwen Sheldon!

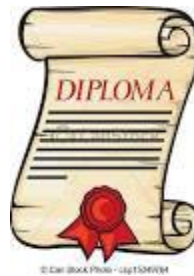


Opportunities for Otsego provides drop-in day care for children, ages 6 weeks to 12 years, through The Children's Center. This **free** service is open 9:00 AM to 4:30 PM every day that court is in session. The Children's Center is closed for lunch from 12:30 PM to 1:00 PM.

P: 607-322-3139 | W: [www.ofoinc.org](http://www.ofoinc.org)

197 Main Street, 2<sup>nd</sup> Floor, Cooperstown, NY 13326

## Back to School for Parents



Now that your children are back in school, this is a great time to earn your High School Equivalency Diploma. The Oneonta Adult Education Program offers free classes to adults (21 and over) to prepare you to take the exam. Call 607-433-3645 for more information.

## New Additions



Doll House



Laundry Center



Kitchen

## Otsego County Immunization Clinics

### **JANUARY**

1/09 Cooperstown PHN: 1–3 pm

1/23 Oneonta PHN: 1–3 pm

1/30 Cooperstown PHN: 1–3 pm

### **FEBRUARY**

2/06 Cooperstown PHN: 1–3 pm

2/13 Oneonta PHN: 1–3 pm

2/27 Cooperstown PHN: 1–3 pm

### **MARCH**

3/06 Cooperstown PHN: 1–3 pm

3/13 Oneonta PHN: 1–3 pm

3/20 Cooperstown PHN: 1–3 pm

Note: All clinics are on Mondays. To register, call the Public Health Nursing (PHN) Service at (607)547-4230.



OFO's mission is to be the leader in developing innovative solutions that promote healthy lives, thriving families, and caring communities.